

Jour Fixe

28 July 2020

The Cybernetic Bayesian Brain: From Interoceptive Inference to Sensorimotor Contingencies

A. Seth,

in T. Metzinger & J. M. Windt (Eds). Open MIND: 35(T). Frankfurt am Main: MIND Group, 1–24, 2015.
doi: 10.15502/9783958570108

Cognitive Behavior of Humans, Animals, and Machines: Situation Model Perspectives

ZiF Zentrum für interdisziplinäre Forschung
Center for Interdisciplinary Research

A single principle
to account for

perception
action
cognition
consciousness

based on
neural operations

Internal models



<https://fashion-history.lovetoknow.com/fabrics-fibers/weave-types>

- Bayesian brain: predictive processing (PP) and active inference
- Free energy principle: minimization of average surprisal
- Cybernetics: self-regulation, adaptive self-regulation, ultrastability
- Interoception and emotion
- Embodiment
- Enactive cognitive science: weak and strong
- Sensorimotor contingency (SMC) theory & PPSMC
- Counterfactual PP and active inference

- perception
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- Interoception and emotion

Embodiment

Enactive cognitive science: weak and strong

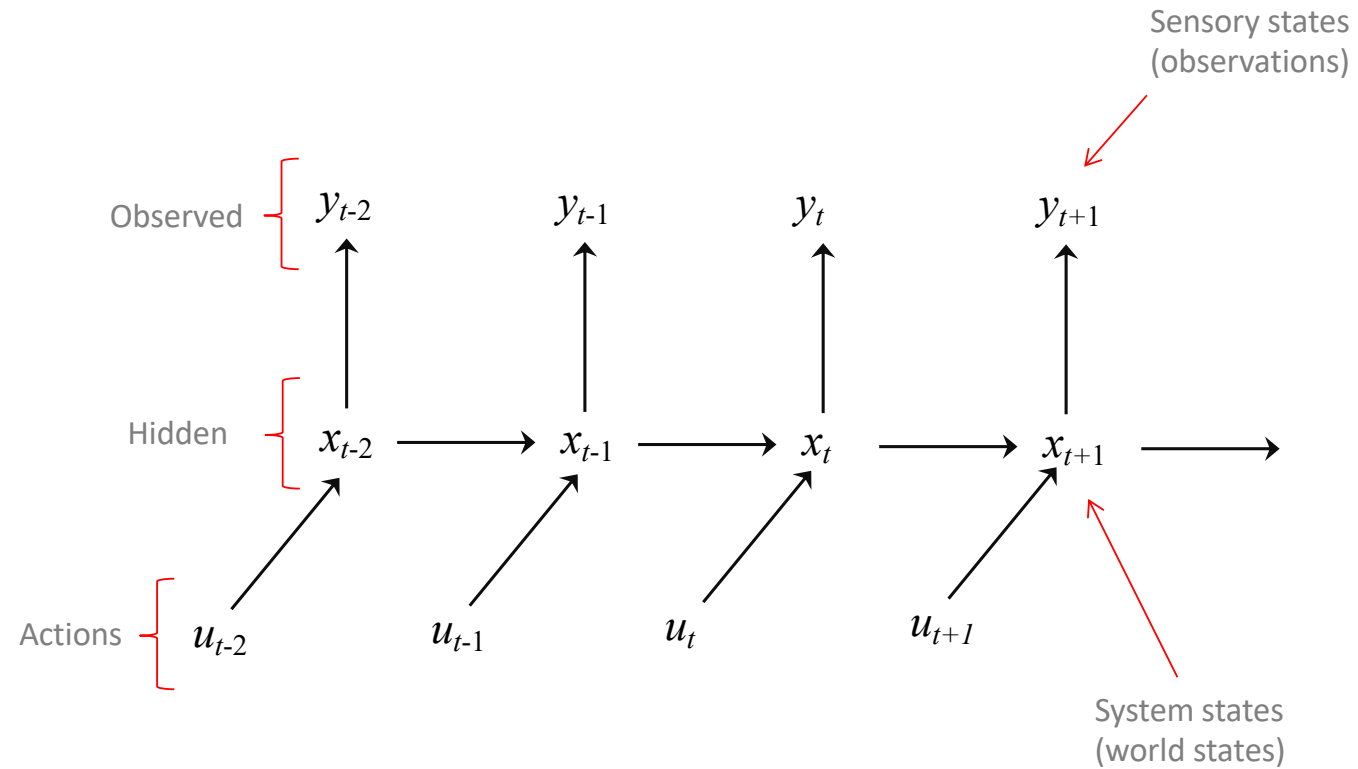
Sensorimotor contingency (SMC) theory & PPSMC

Counterfactual PP and active inference

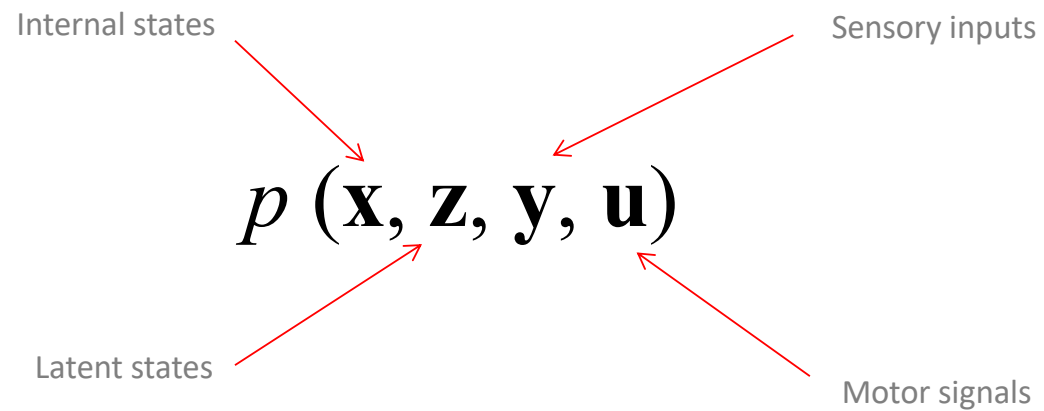
The Bayesian Brain



Hidden Markov Model

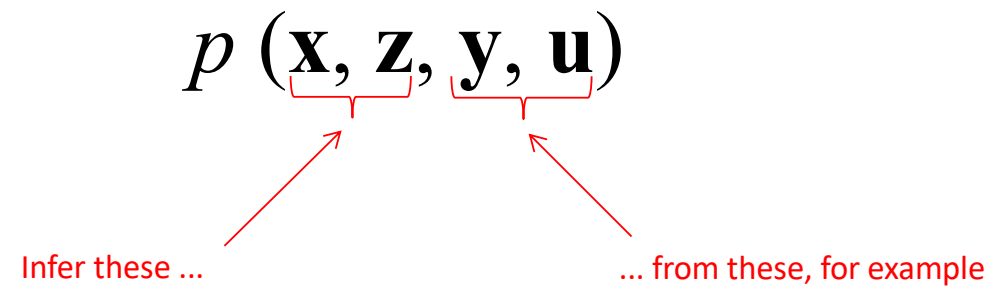


Joint distribution of **time series** of sensory inputs **y**, latent states **z**, internal states **x**, and motor signals **u**.



D. McNamee and D. M. Wolpert. Internal models in biological control. Annual Review of Control, Robotics, and Autonomous Systems, 2:339–364, 2019.

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Generative Model

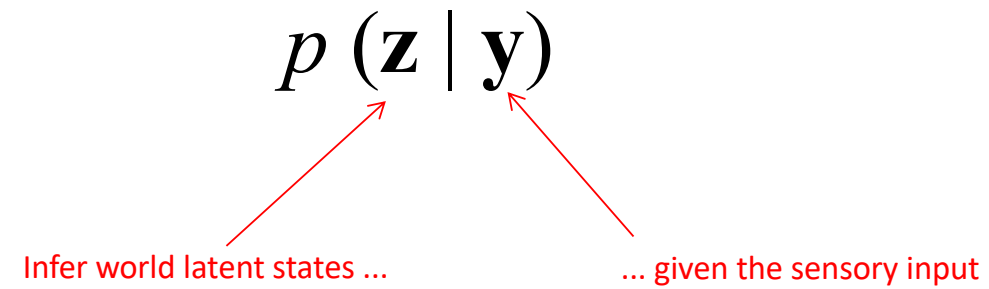
describes the process that generate sensory data
(c.f. predictive processing)

$$p(\mathbf{y}, \mathbf{z})$$

Joint distribution of between sensory input and latent variables

D. McNamee and D. M. Wolpert. Internal models in biological control. Annual Review of Control, Robotics, and Autonomous Systems, 2:339–364, 2019.

Perceptual Inference Model



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Bayesian Inference

$$p(z|y) = \frac{p(y|z)p(z)}{p(y)}$$

Infer world latent states
given the sensory input ...

... by combining a prior with a likelihood
in a statistically optimal manner

D. McNamee and D. M. Wolpert. Internal models in biological control. Annual Review of Control, Robotics, and Autonomous Systems, 2:339–364, 2019.

Key Idea: minimize prediction errors

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Continually update the model
to minimize the difference between
actual sensory signals

and

signals produced by probabilistic predictive models

"Passively"

Change the model to fit
the incoming data:

Perceptual inference

Key Idea: minimize prediction errors

Perform actions to confirm
sensory predictions


"Actively"

Change the sampling to
suit the prediction:

Active inference

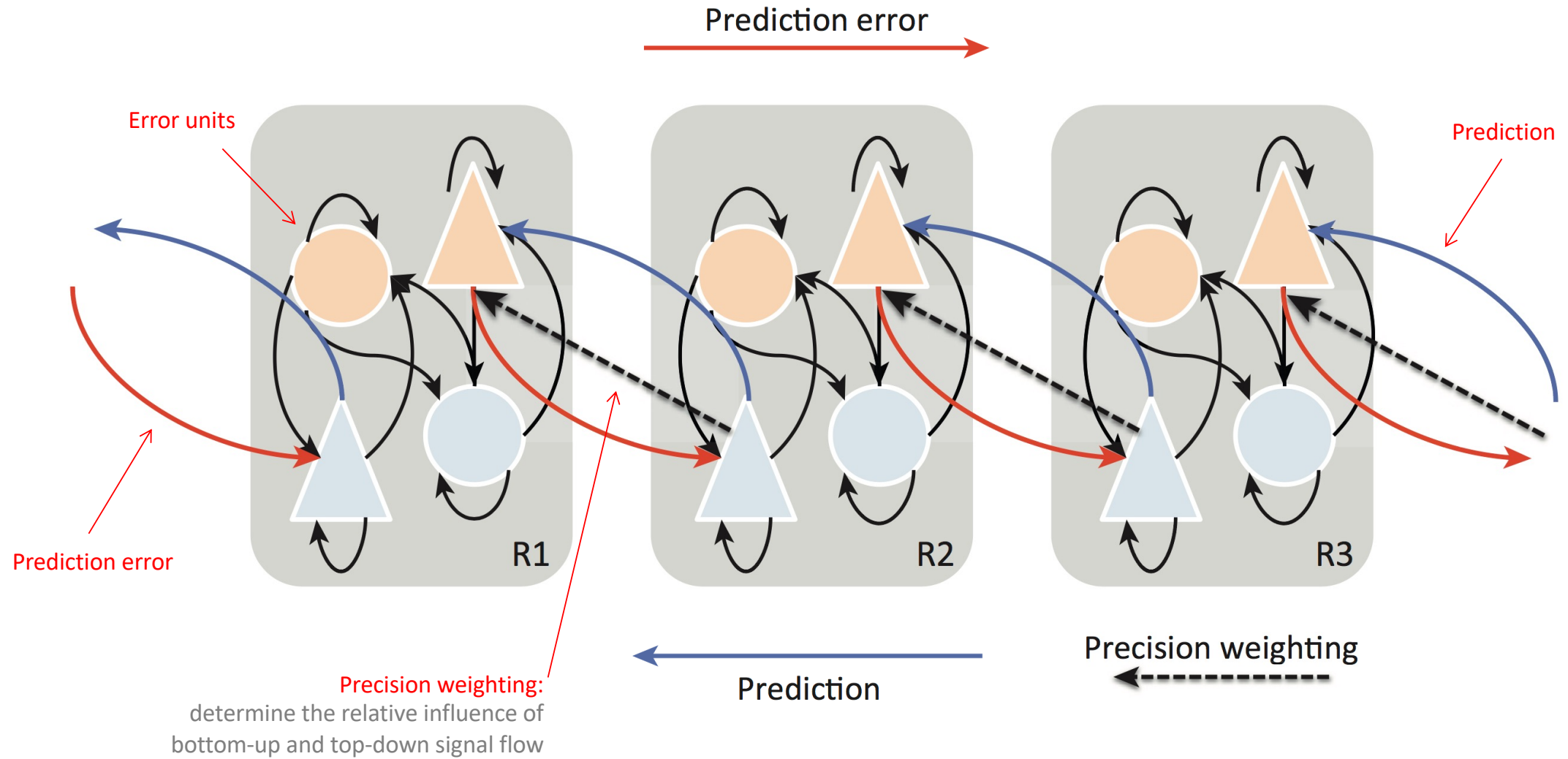
Precision Weighting

Predictions and prediction errors in a Bayesian framework have associated **precisions** (inverse variances)



An indicator of the reliability of the prediction error

Used to determine the **influence** of the prediction error when updating the predictive model

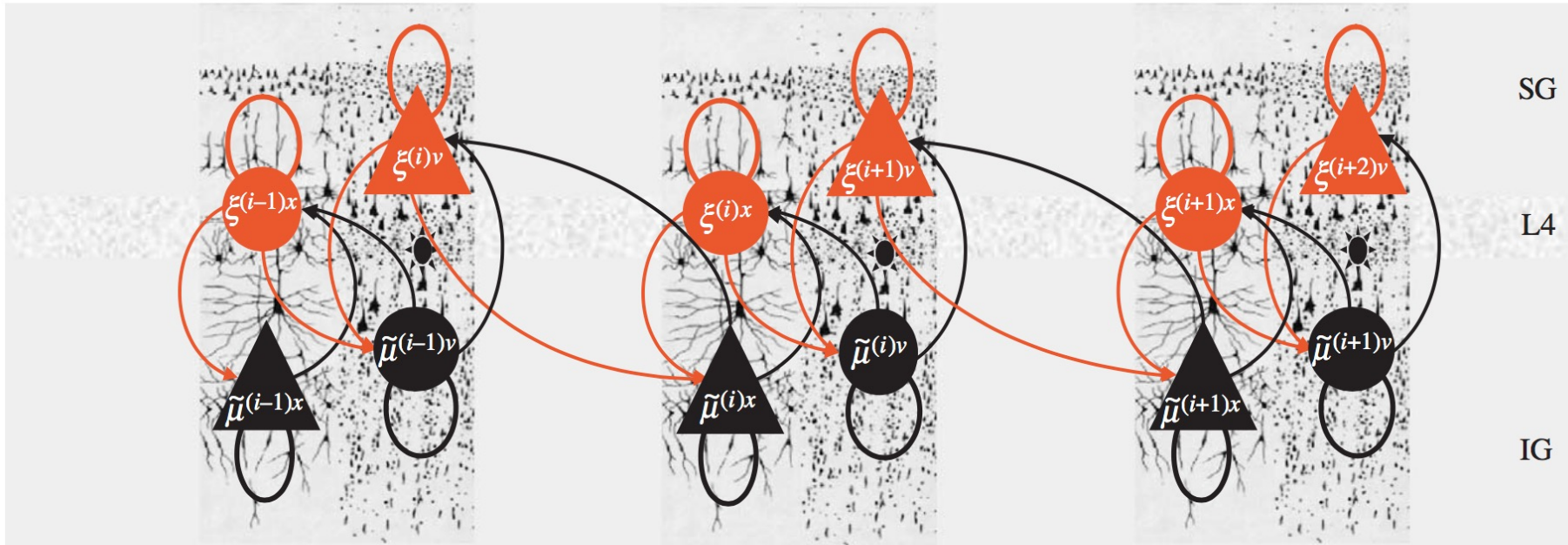


A. K. Seth. Interoceptive inference, emotion, and the embodied self. Trends in Cognitive Sciences, 17(11):565–573, November 2013.

$$\xi^{(i)v} = \tilde{\mu}^{(i-1)v} - \tilde{g}(\tilde{\mu}^{(i)}) - \Lambda^{(i)z} \xi^{(i)v}$$

$$\xi^{(i)x} = D\tilde{\mu}^{(i)x} - \tilde{f}(\tilde{\mu}^{(i)}) - \Lambda^{(i)w} \xi^{(i)x}$$

forward prediction error

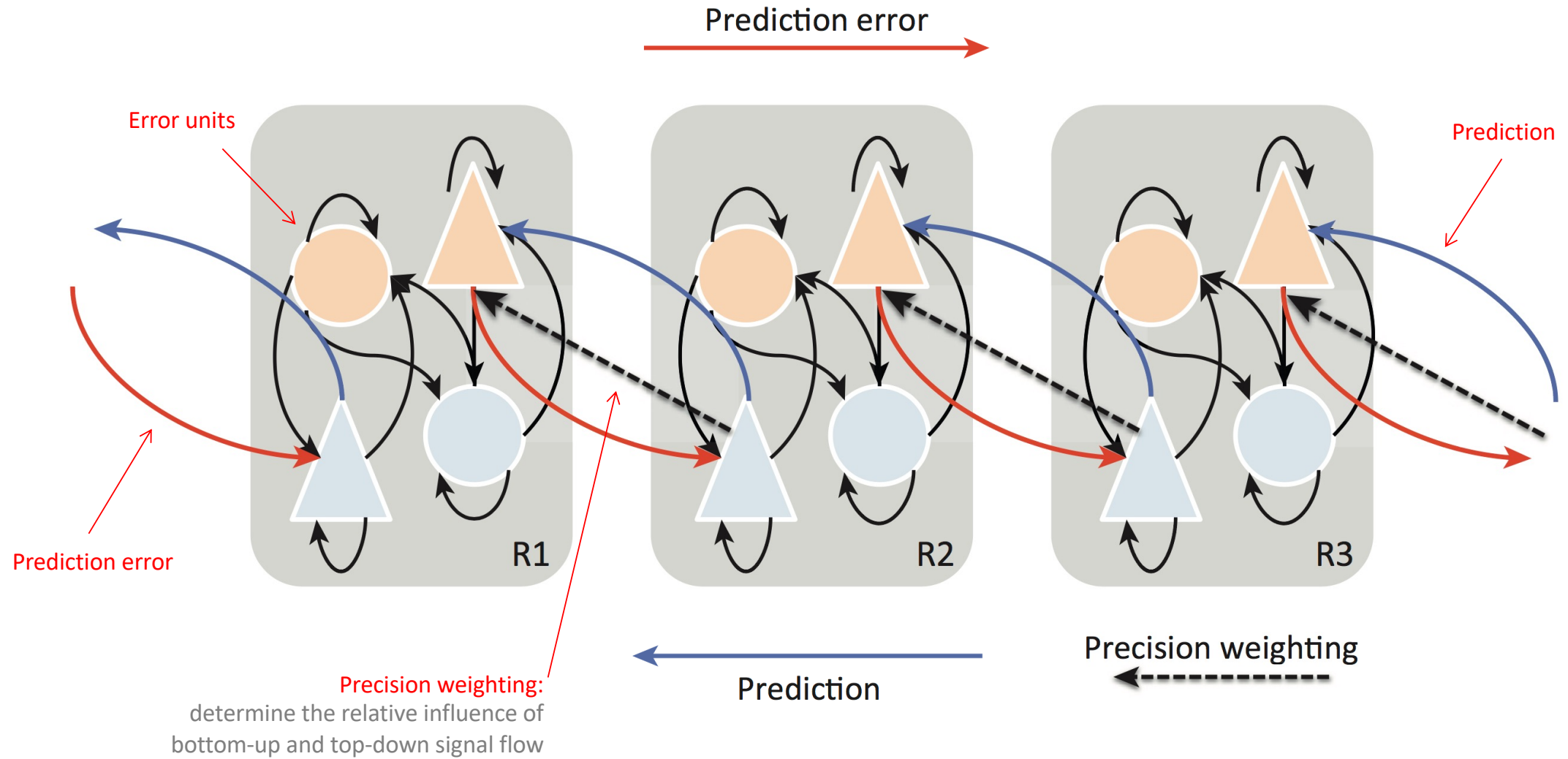


backward predictions

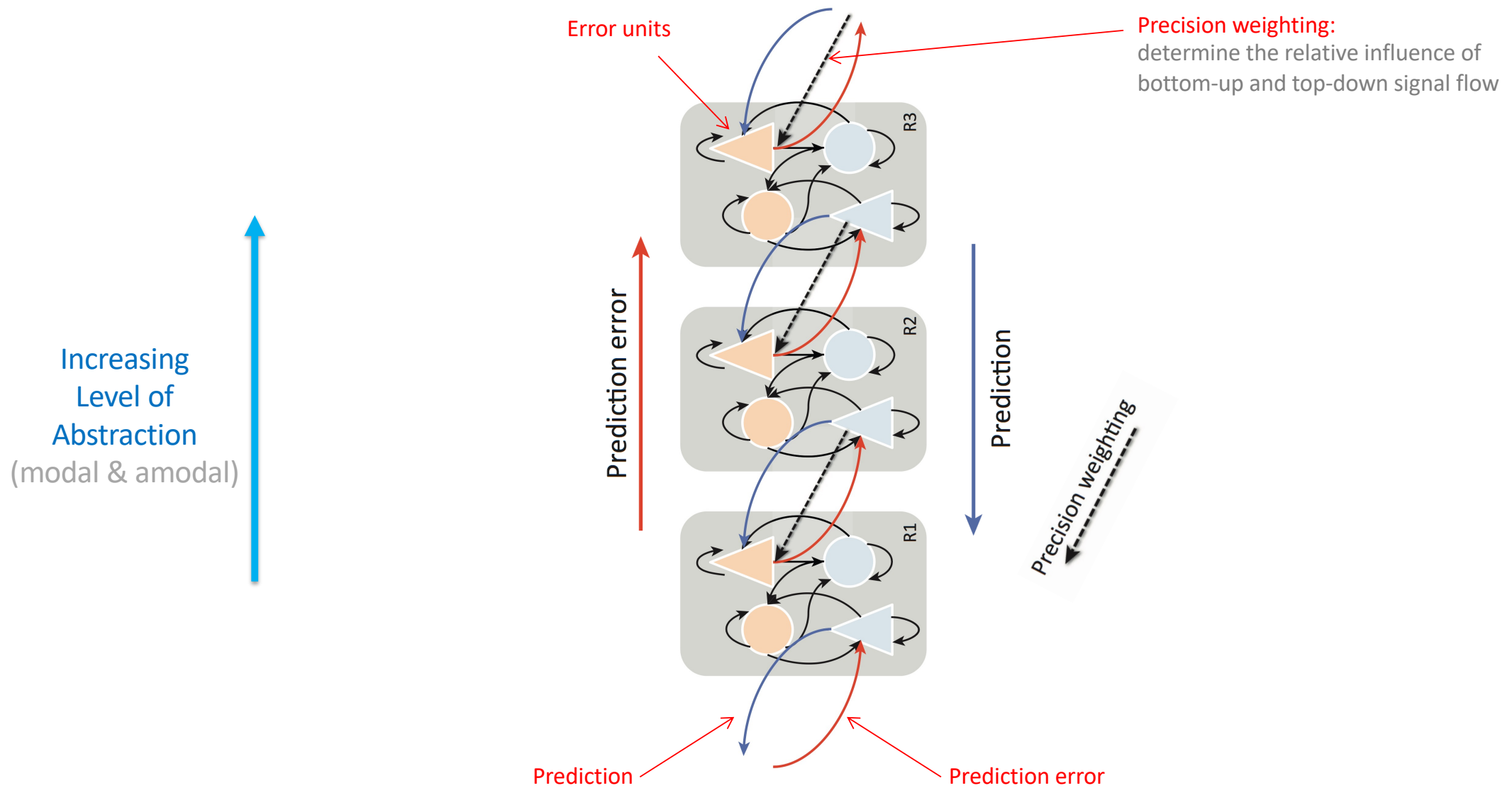
$$\dot{\tilde{\mu}}^{(i)v} = D\tilde{\mu}^{(i)v} - \tilde{\epsilon}_v^{(i)T} \xi^{(i)} - \xi^{(i+1)v}$$

$$\dot{\tilde{\mu}}^{(i)x} = D\tilde{\mu}^{(i)x} - \tilde{\epsilon}_x^{(i)T} \xi^{(i)}$$

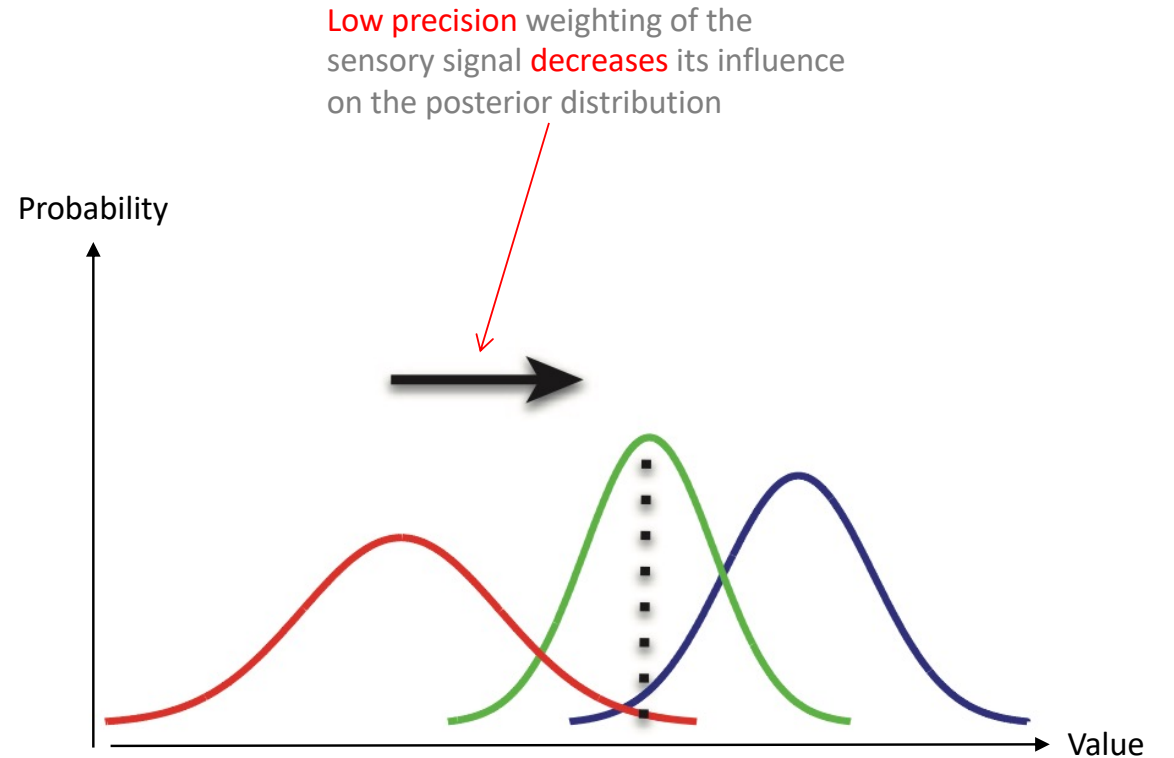
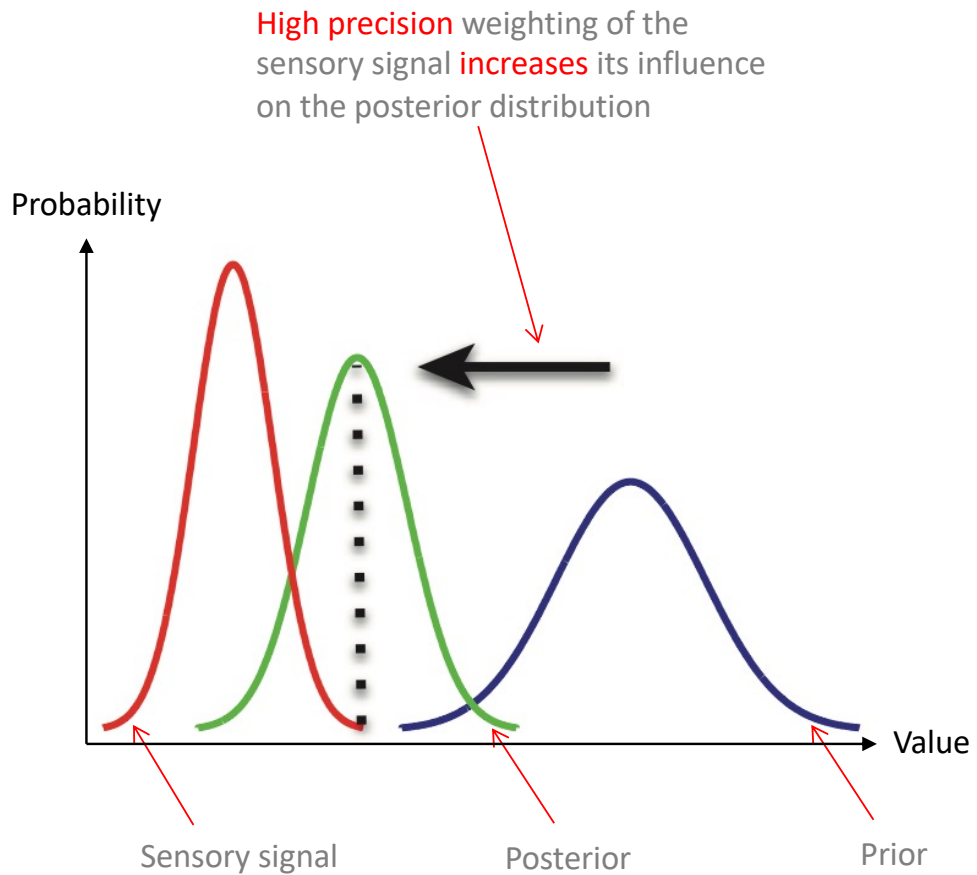
K. Friston and S. Kiebel. Predictive coding under the free-energy principle. Philosophical Transactions of the Royal Society of London, Series B, Biological Sciences, 364(1521):1211–1221, 2009



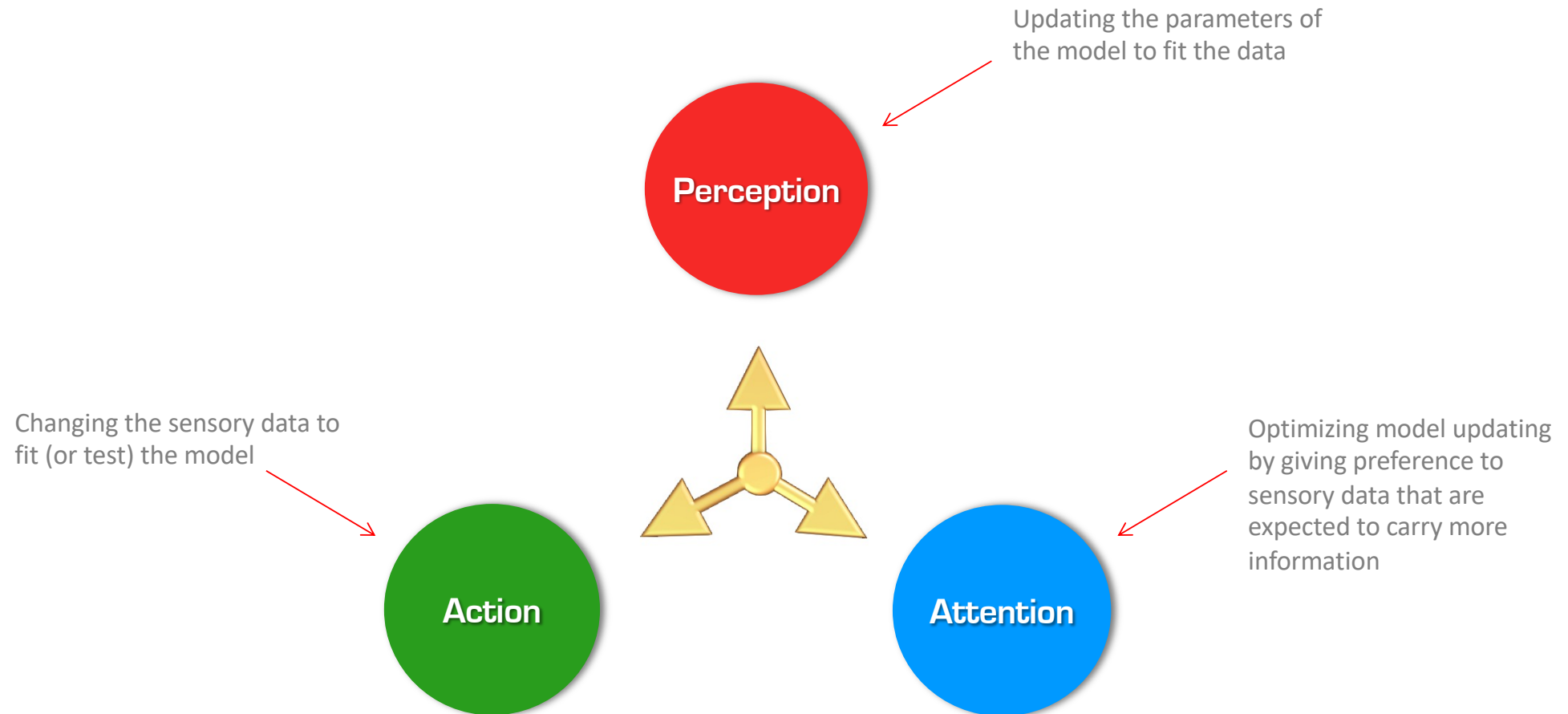
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Cybernetics: self-regulation, adaptive self-regulation, ultrastability

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Free Energy Principle


“... according to which perceptual inference and action emerge as a consequence of a more fundamental imperative towards the avoidance of “surprising” events”

"Organisms must minimize the long-run average surprise of sensory states, since surprising sensory states are likely to reflect conditions incompatible with continued existence"



Free Energy Principle

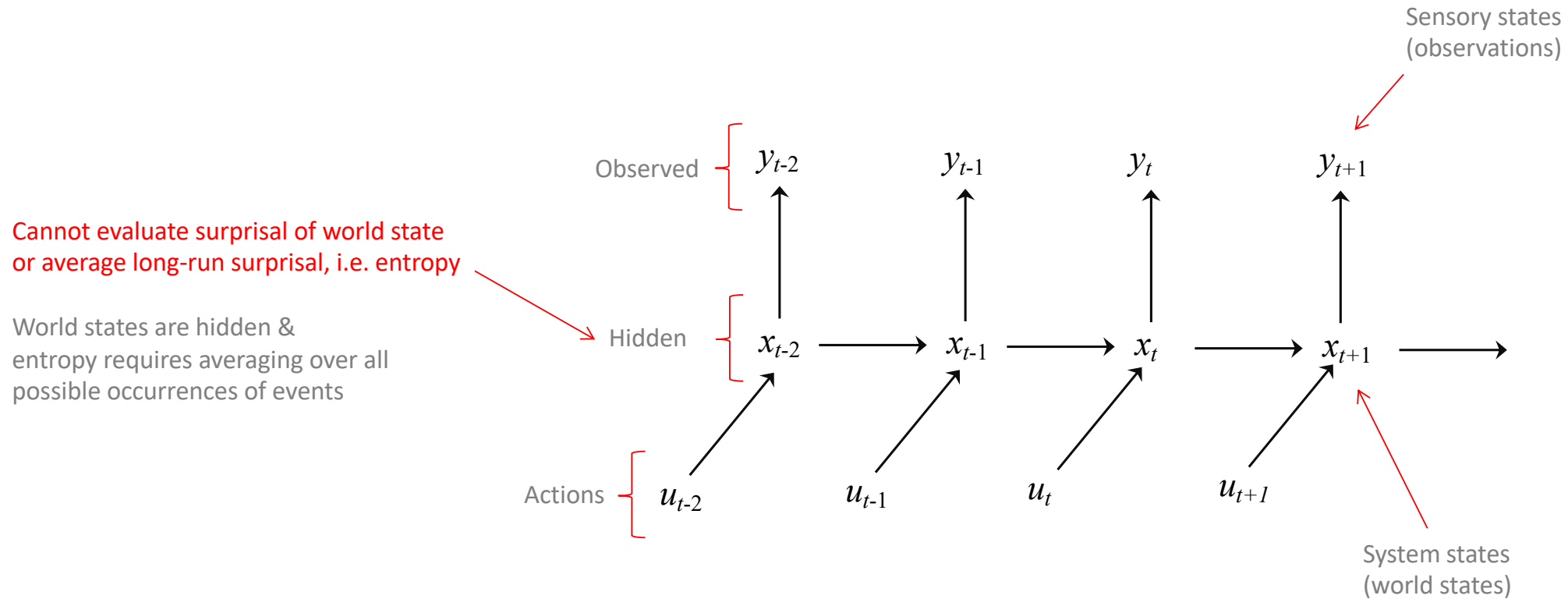
“... according to which perceptual inference and action emerge as a consequence of a more fundamental imperative towards the avoidance of “surprising” events”



"Surprising" in an information-theoretic sense:
surprisal, a measure of uncertainty of an event
(or "unlikeliness of the occurrence of an event")

$$u_i = -\log_2(P_i) [= \log_2(1/P_i)]$$

The average **surprisal** is **entropy** $H = -\sum_{i=1}^M P_i \log_2 P_i$



Free Energy Principle

Instead, the agent **maintains a lower limit on surprisal** by minimizing the **difference** between **actual sensory signals** and the **signals produced by a predictive model**

This difference is **free energy**



Under some general assumptions, this is the **long-run sum of prediction error**

This links the free energy principle with predictive processing

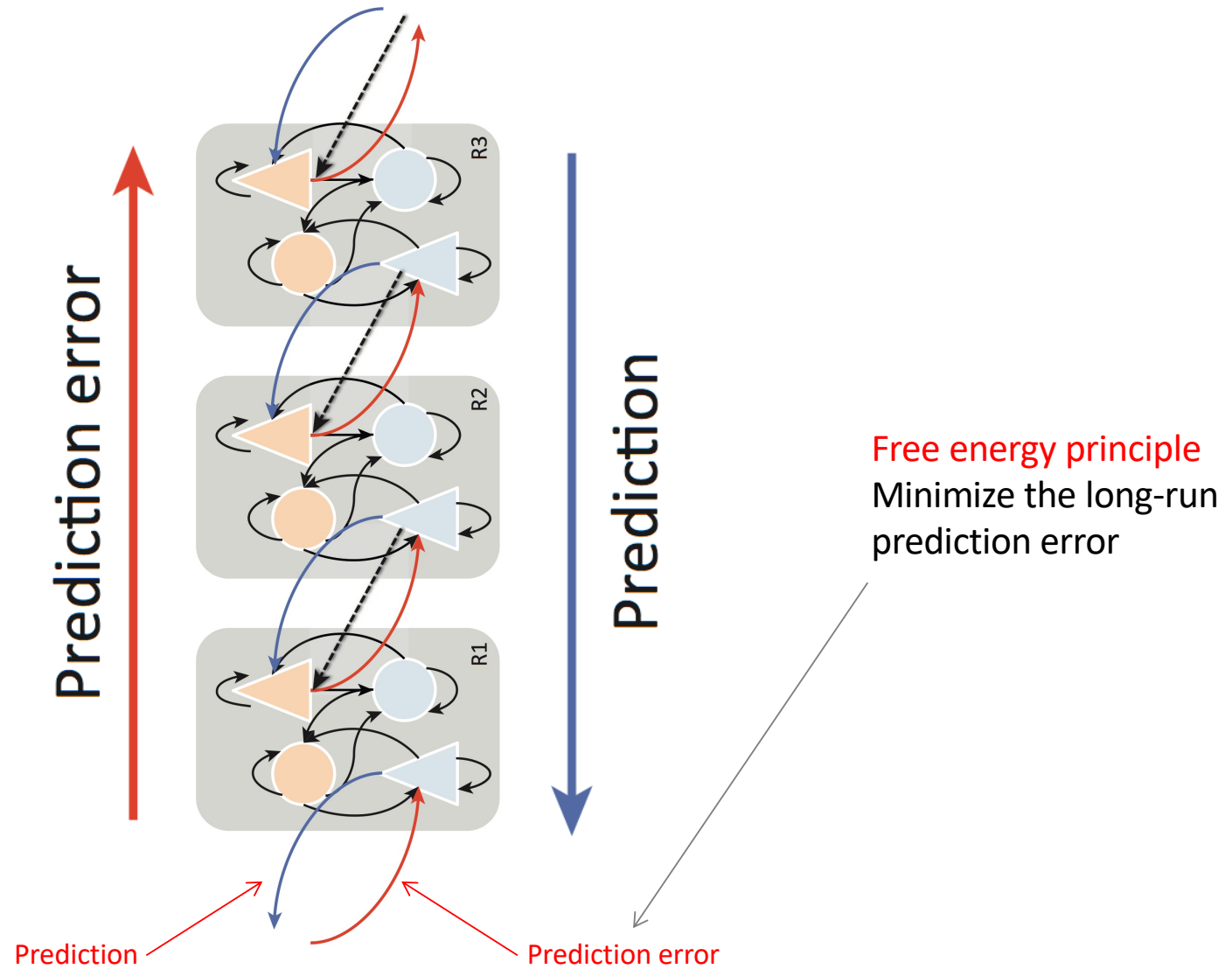
Free Energy Principle

Entropy is the average surprisal $H = - \sum_{i=1}^M P_i \log_2 P_i$

“Organisms minimize an upper bound on the entropy of sensory signals (the free energy).”

Under specific assumptions, free energy translates to prediction error.”

[Seth 2013]



A. K. Seth. Interoceptive inference, emotion, and the embodied self. Trends in Cognitive Sciences, 17(11):565–573, November 2013.

Key Idea: minimize prediction errors

Perform actions to confirm **or test**
sensory predictions

"actively"

Change the sampling (act)
"to find evidence against the
current hypothesis, and/or
efficiently disambiguate
between competing
hypotheses"

"Finessed sense of"
Active inference

Counterfactual
active inference

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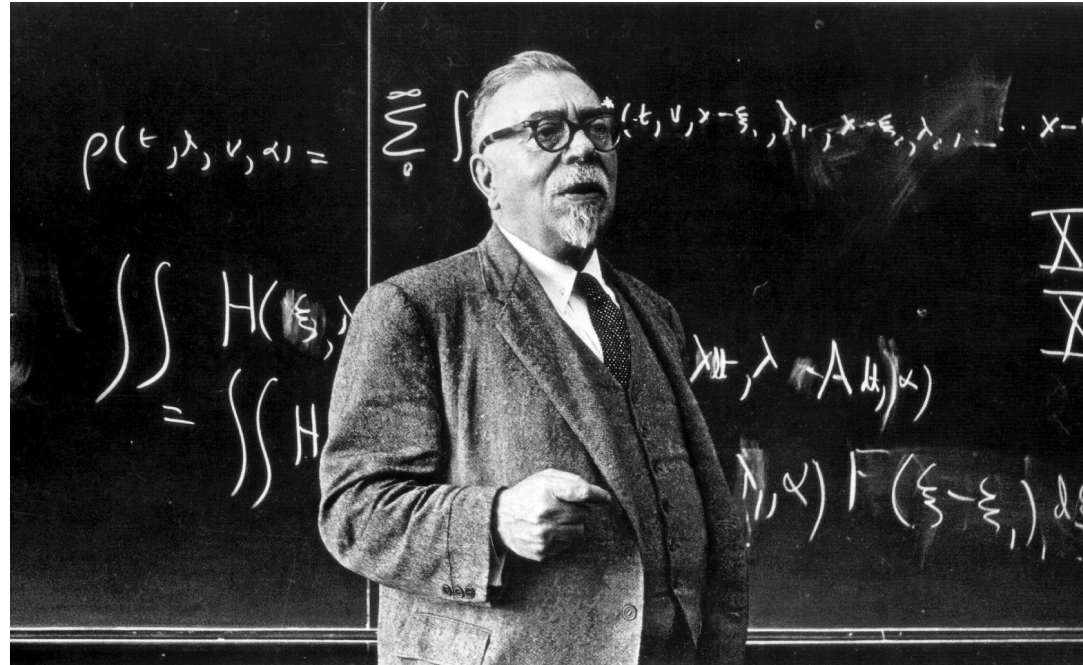
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Cybernetics

- PP– and specifically **perceptual inference** – can be traced to Hermann von Helmholtz
 - Passive
 - Not very much concerned with behaviour
- Free energy principle focusses on close coupling of perception and action
- Suggesting a deep connection between PP and cybernetics



Norbert Wiener

<https://www.nytimes.com/2013/05/21/science/mit-scholars-1949-essay-on-machine-age-is-found.html>



W. Ross Ashby

<http://www.rossashby.info/index.html>





W. Ross Ashby, Warren McCulloch, Grey Walter, Norbert Wiener
at the 1951 Congress on Cybernetics, Paris

https://www.researchgate.net/publication/287293010_Warren_McCulloch_and_the_British_Cyberneticians/figures?lo=1

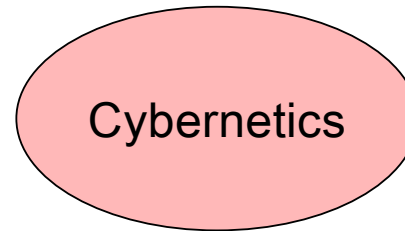
N. Wiener

Cybernetics: or the Control and Communication in the Animal and the Machine, 1948.

(κυβερνητης or kybernetes: steersman)

W. Ross Ashby

Design for a Brain, first edition, 1952 ... 1956, 1960.
Introduction to Cybernetics, 1957



Louis Kauffman

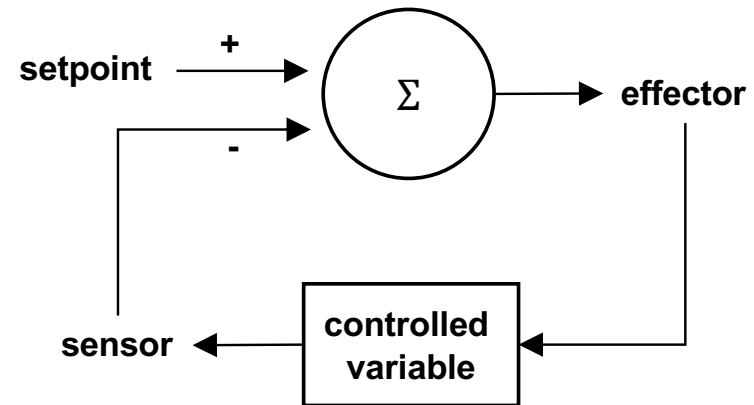
President of the American Society for Cybernetics

"Cybernetics is the study of systems and processes that interact with themselves and **produce themselves from themselves.**"

Cybernetics

Central focus

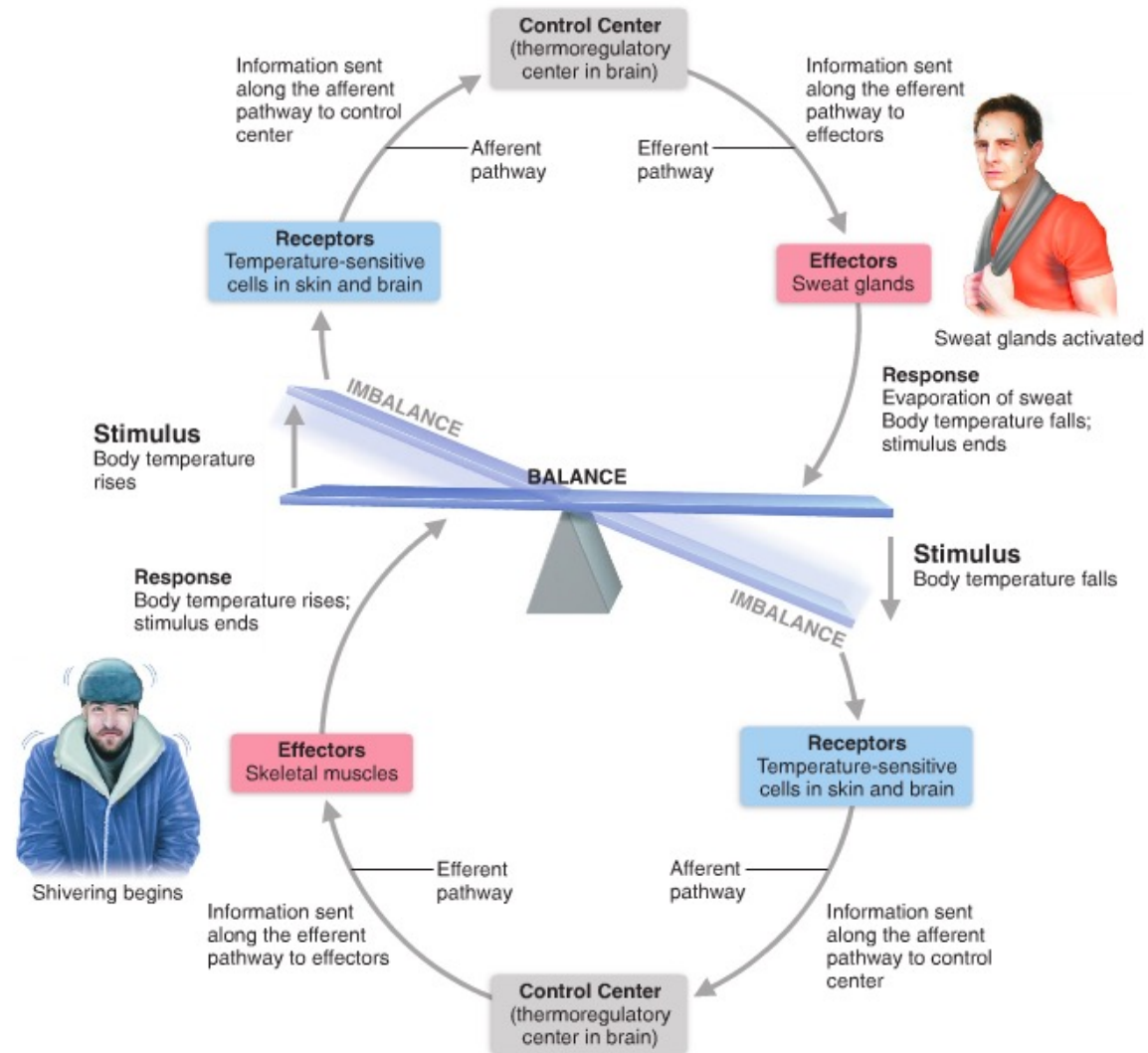
- Prediction and control of **behaviour**
- In teleological, purposeful, **goal-directed** machines
- Circular causal chains involving **feedback** coupling goal-directed sensation and action



Homeostasis: the automatic regulation of physiological functions ... **essential variables (EV)**

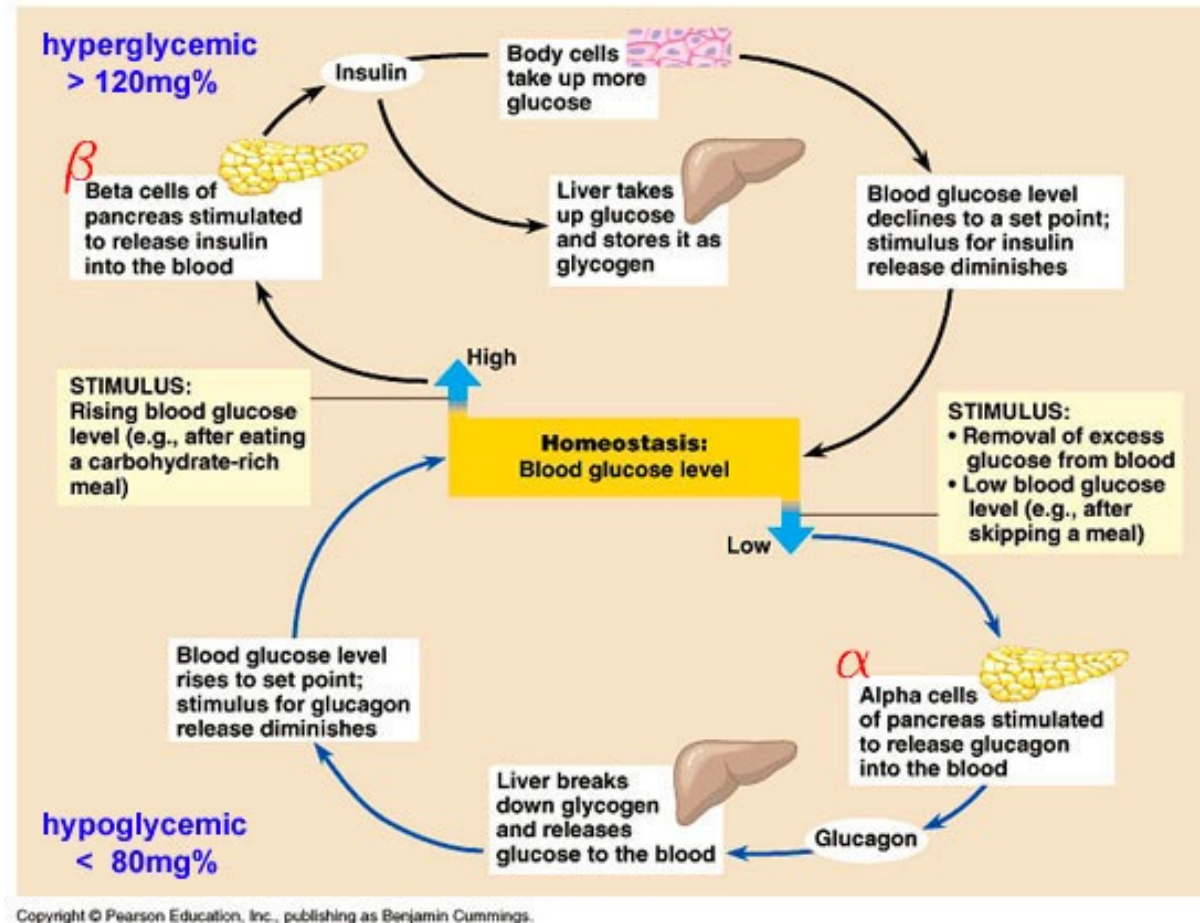
Walter Cannon in 1929: "Organization for Physiological Homeostasis"

Goal: **stability through constancy**: set point & negative feedback



<https://www.studyblue.com/notes/n/homeostasis/deck/6151960>

Feedback Control



Insight 1: Adaptive homeostasis

- Homeostasis keeps essential variables within viable bounds
- When essential variables move beyond viability limits ...
- Adaptive processes re-parameterize the system ...
- Until it reaches a new equilibrium (& homeostasis is restored)
- These are called **ultrastable** systems
- **Allostasis**: "the process of achieving homeostasis"

First-order feedback



W. Ross Ashby

<http://www.rossashby.info/index.html>

Second-order feedback: allostasis
(random changes in Ashby's Homeostat)

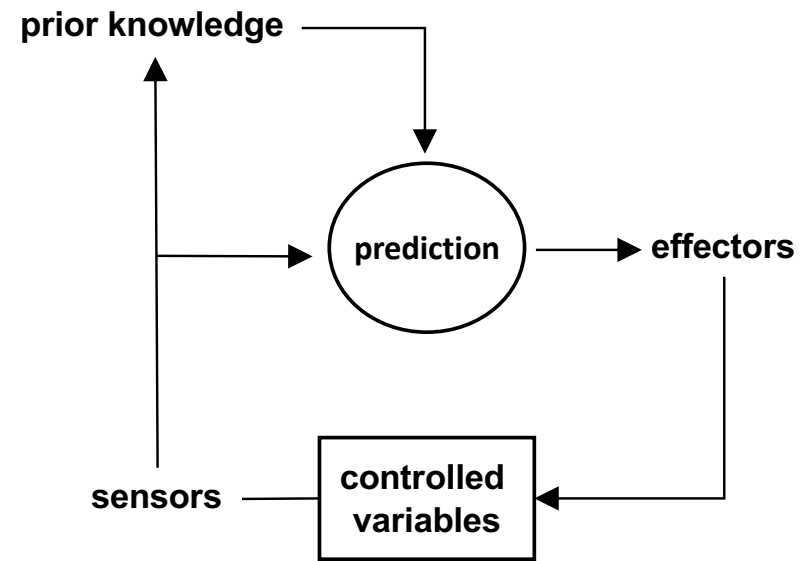
Allostasis

“The brain monitors a very large number of external and internal parameters to anticipate changing needs, evaluate priorities, and prepare the organism to satisfy them **before they lead to errors**. The brain even anticipates its own local needs, increasing flow to certain regions — **before there is an error signal**”

Peter Sterling

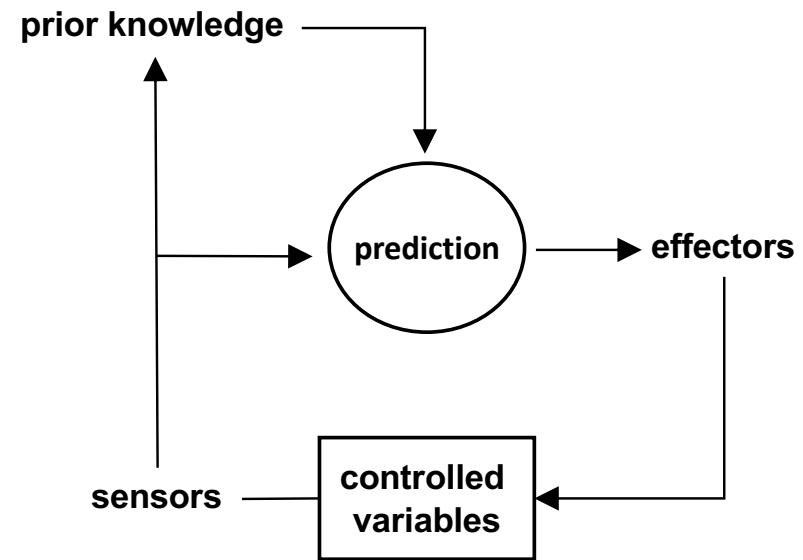
P. Sterling. Principles of allostasis: optimal design, predictive regulation, pathophysiology and rational therapeutics. In J. Schulkin, editor, *Allostasis, Homeostasis, and the Costs of Adaptation*, pages 17–64. Cambridge University Press., Cambridge, England, 2004.

P. Sterling. Allostasis: A model of predictive regulation. *Physiology and Behaviour*, 106 (1): 5–15, 2012.



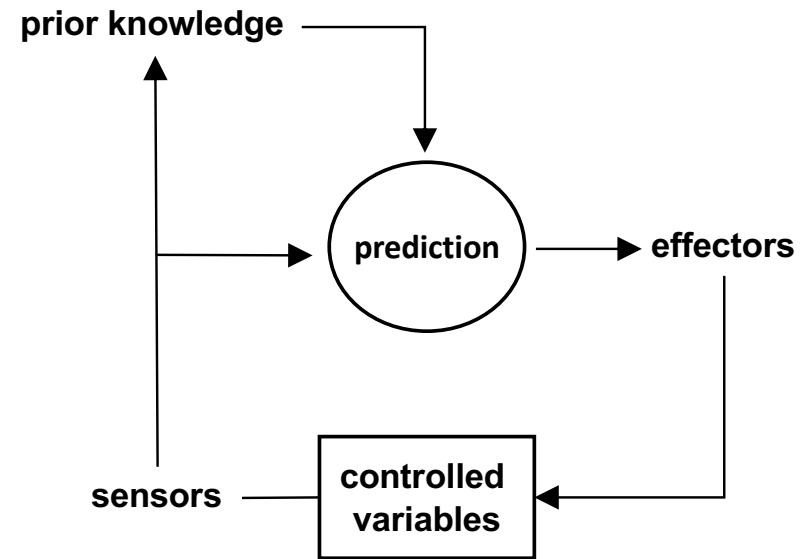
Homeostasis: adjusting to an event

Allostasis: adjusting before an event occurs



Predictive self-regulation vs. reactive self-regulation

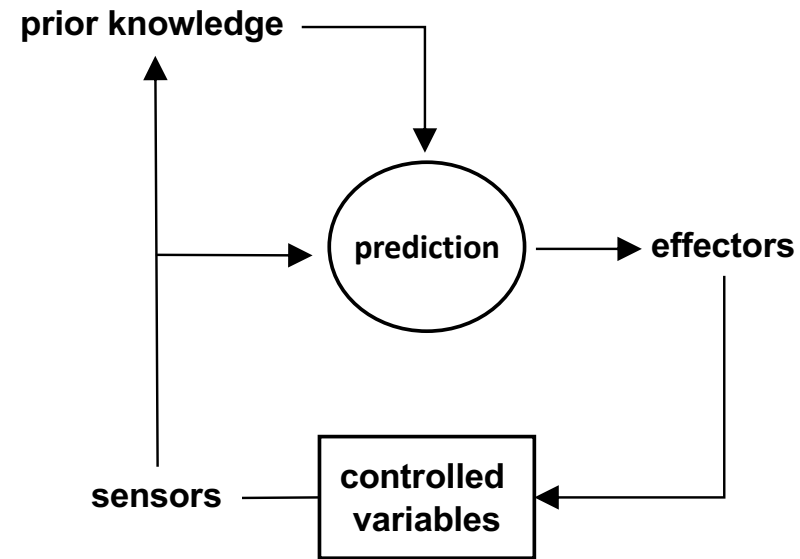
Ready themselves for multiple contingencies



Use priors to anticipate the likely demands that will be placed on the system

Pre-emptively adjust all the parameters to meet this demand

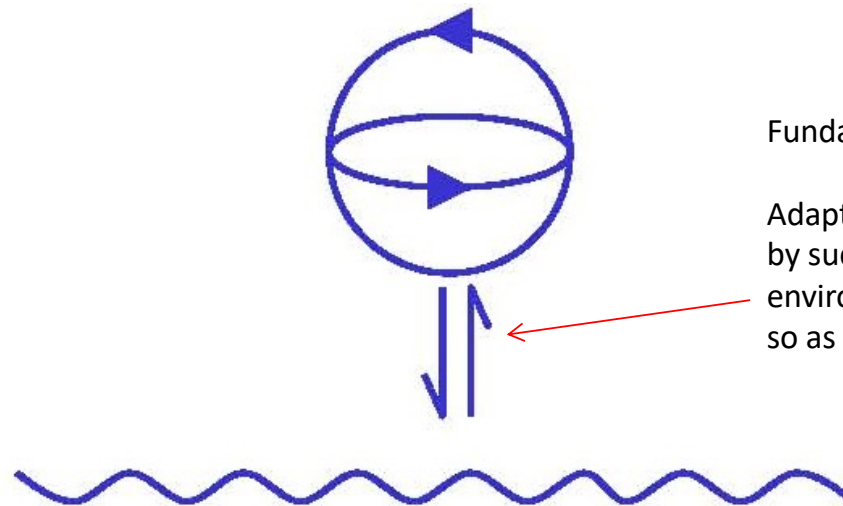
Change the controlled variable by predicting what value will be needed and **overriding** local feedback to meet anticipated demand



Allostatic systems adapt to change rather than resist it

Allostasis is effected at a higher level of organization, involving greater number of sub-systems acting together in a coordinated manner

(Homeostasis operates at a simpler level of negative feedback control)



Fundamental principle of cybernetics

Adaptive systems ensure their **continued existence** by successfully responding to environmental perturbations so as to **maintain their internal organization**

Insight 2: Law of Requisite Variety

- A successful control system must be capable of entering **at least as many states** as the system being controlled
- The **complexity** of the environment-system perturbations determines the minimum level of **complexity** of the controller
- **"Every good regulator of a system must be a model of that system"** Conant & Ashby (1970)

Good regulator theorem

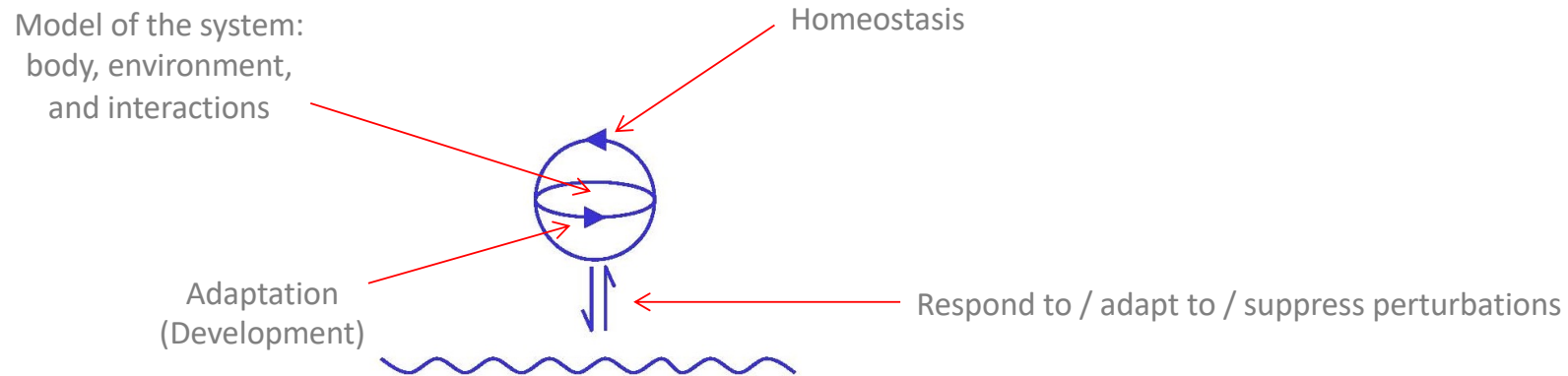
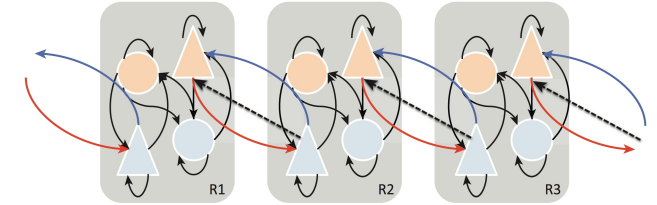
Links to the **free energy principle**:
adaptive systems minimize a limit on free energy (**long-run average surprisal**)
by inducing and refining a **generative model** of the causes of sensory signal ...
more powerful than random variation of higher-order parameters



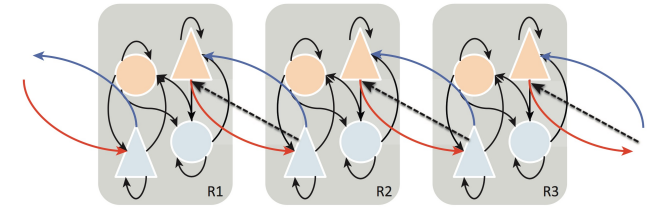
W. Ross Ashby

<http://www.rossashby.info/index.html>

"The **purpose of cognition** (including perception and action) is to **maintain the homeostasis** of essential variables and of **internal organization** (ultrastability)"



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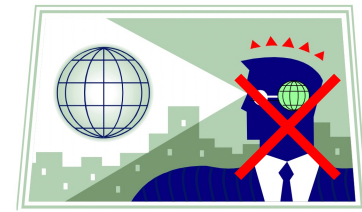


Model of the system:
body, environment,
and interactions

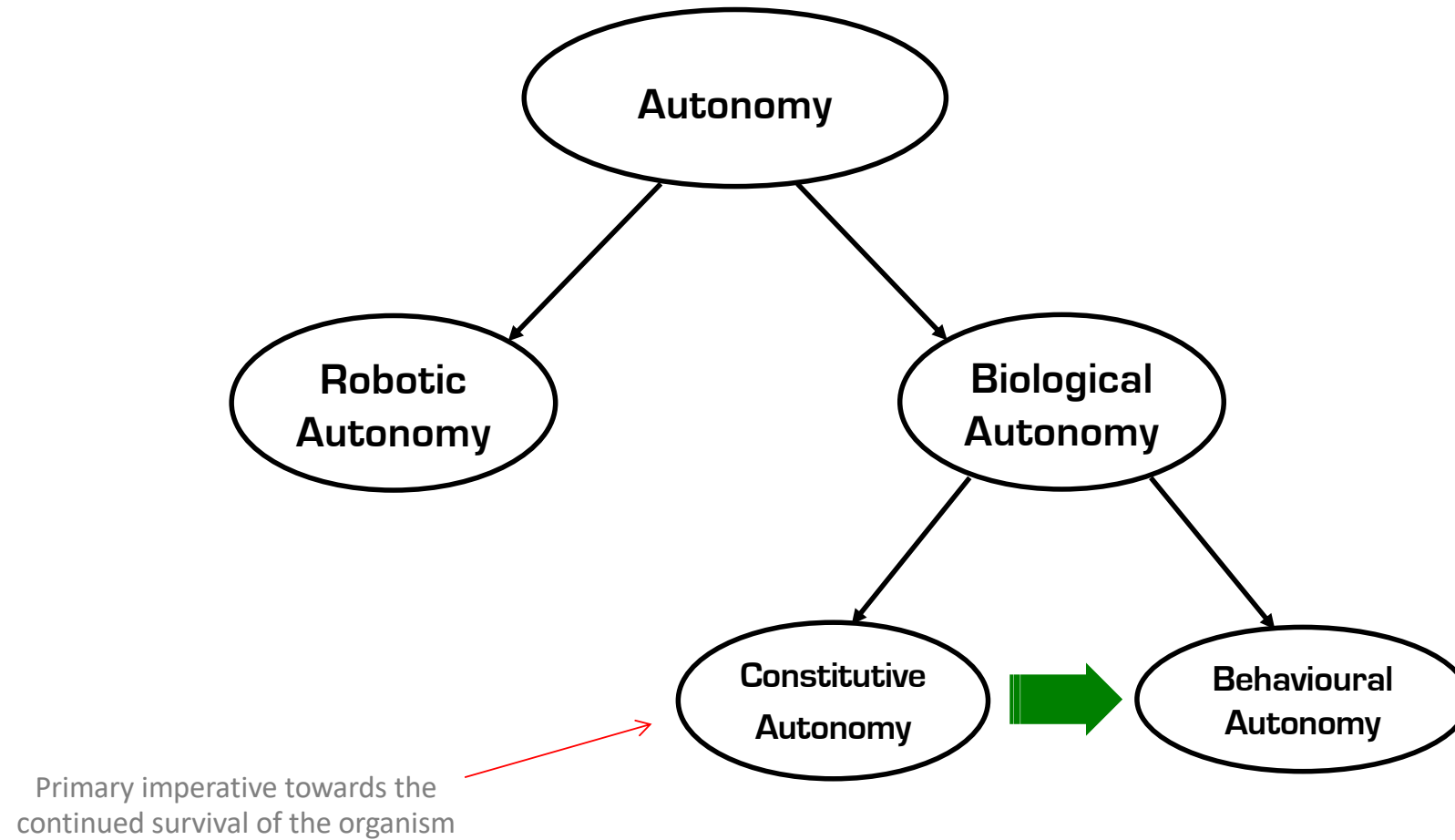
Homeostasis

Adaptation
(Development)

Respond to / adapt to / suppress perturbations



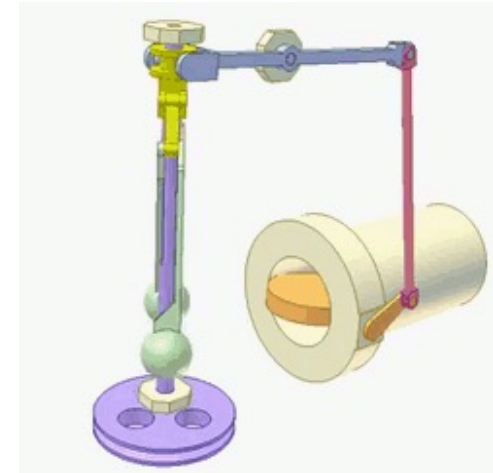
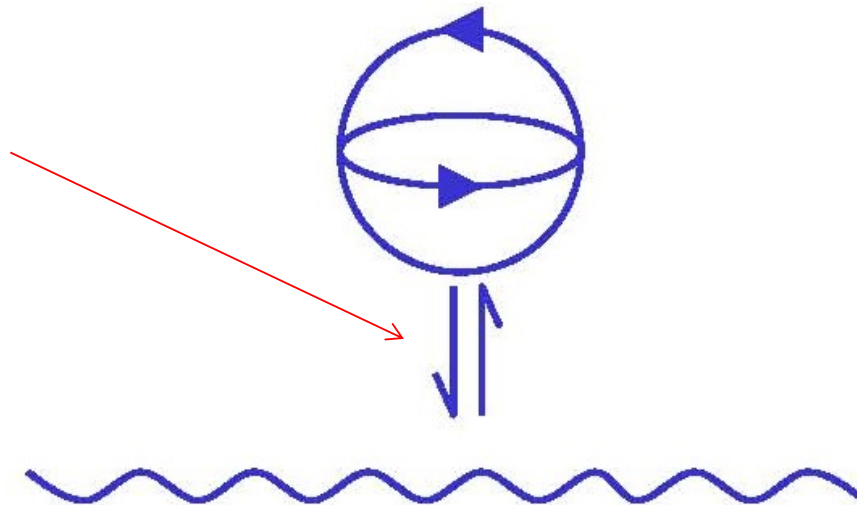
"**Perception emerges as a consequence of** a more fundamental imperative towards **organizational homeostasis**, and **not as a stage in some process of internal world-model construction**"



Stable environment and simple mapping between perturbations and homeostatic response

⇒

good regulator only needs
to **implicitly** model the environment

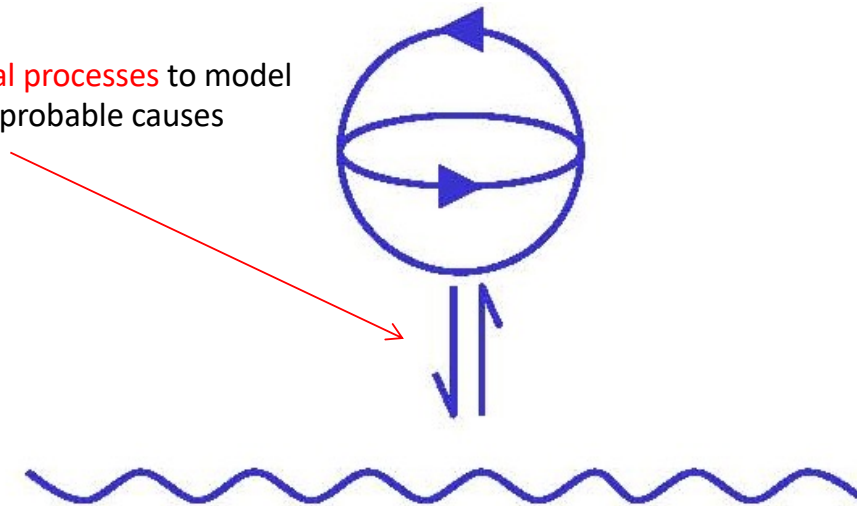


<https://www.mech.kuleuven.be/en/tme/thermotechnisch-instituut/basisprincipes/Watt-regulator>

Many-to-many mappings between
sensory states and probable causes

⇒

good regulator needs **explicit inferential processes** to model
the environment and extract the most probable causes



Shift in Perspective

Predictive processing:

from Helmholtzian "perception as inference"

to

model-based predictive control entailed by a
fundamental imperative towards internal homeostasis
(and perception as inference)

Exteroception

Interception



https://unsplash.com/photos/-TQUERQGUZ8?utm_source=unsplash&utm_medium=referral&utm_content=creditCopyText

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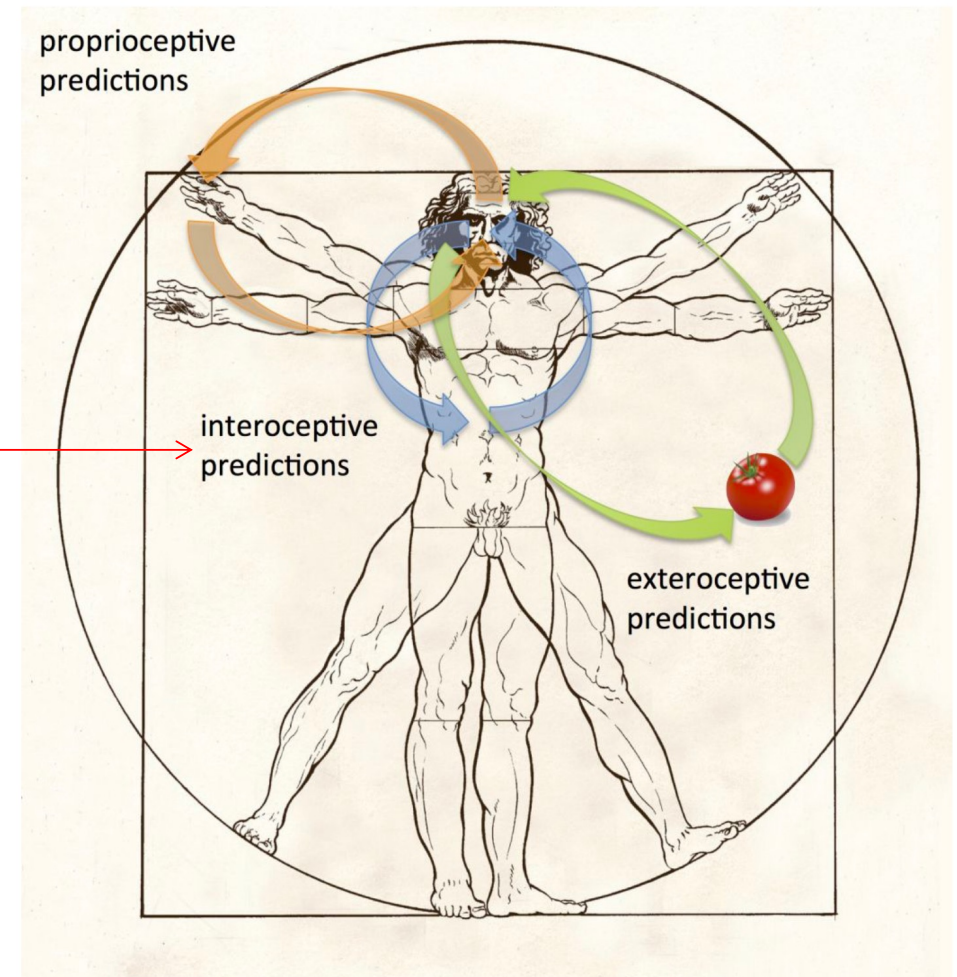
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Key idea:

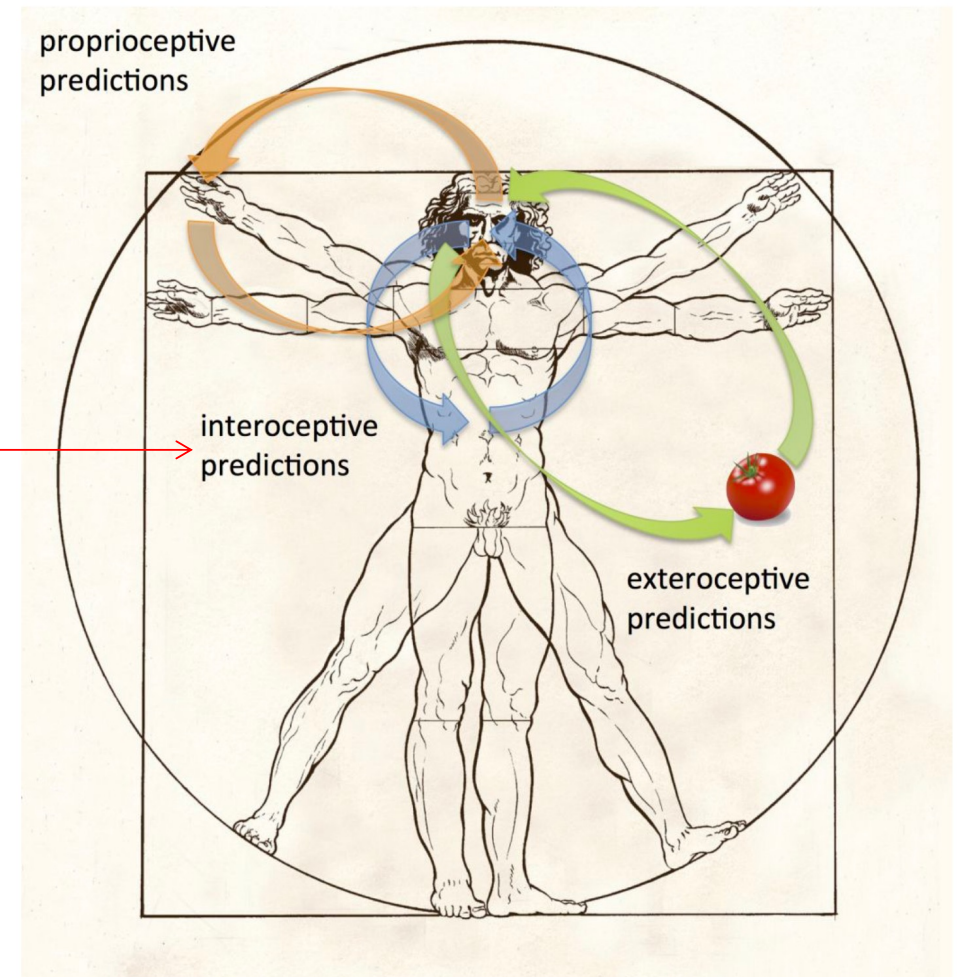
Predictive processing is more naturally applied to interoception

It's more important to avoid unexpected (surprising) internal states
that to avoid encountering unexpected exteroceptive states



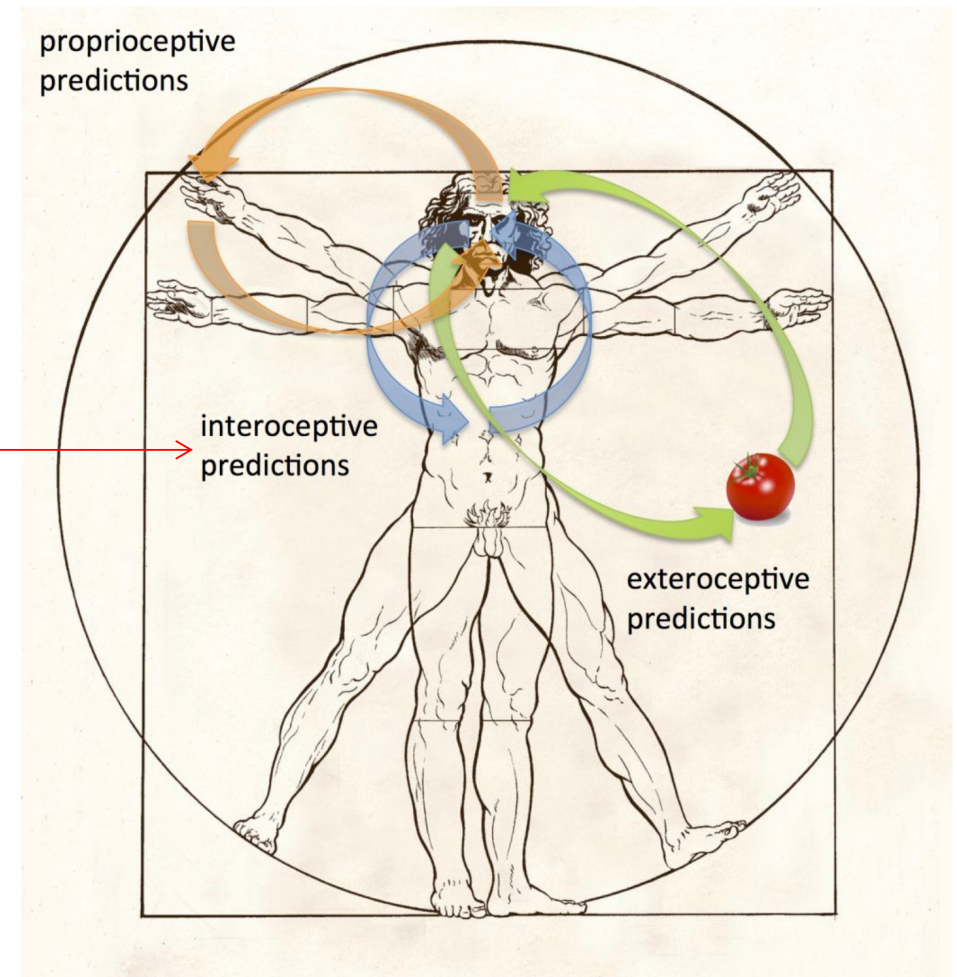
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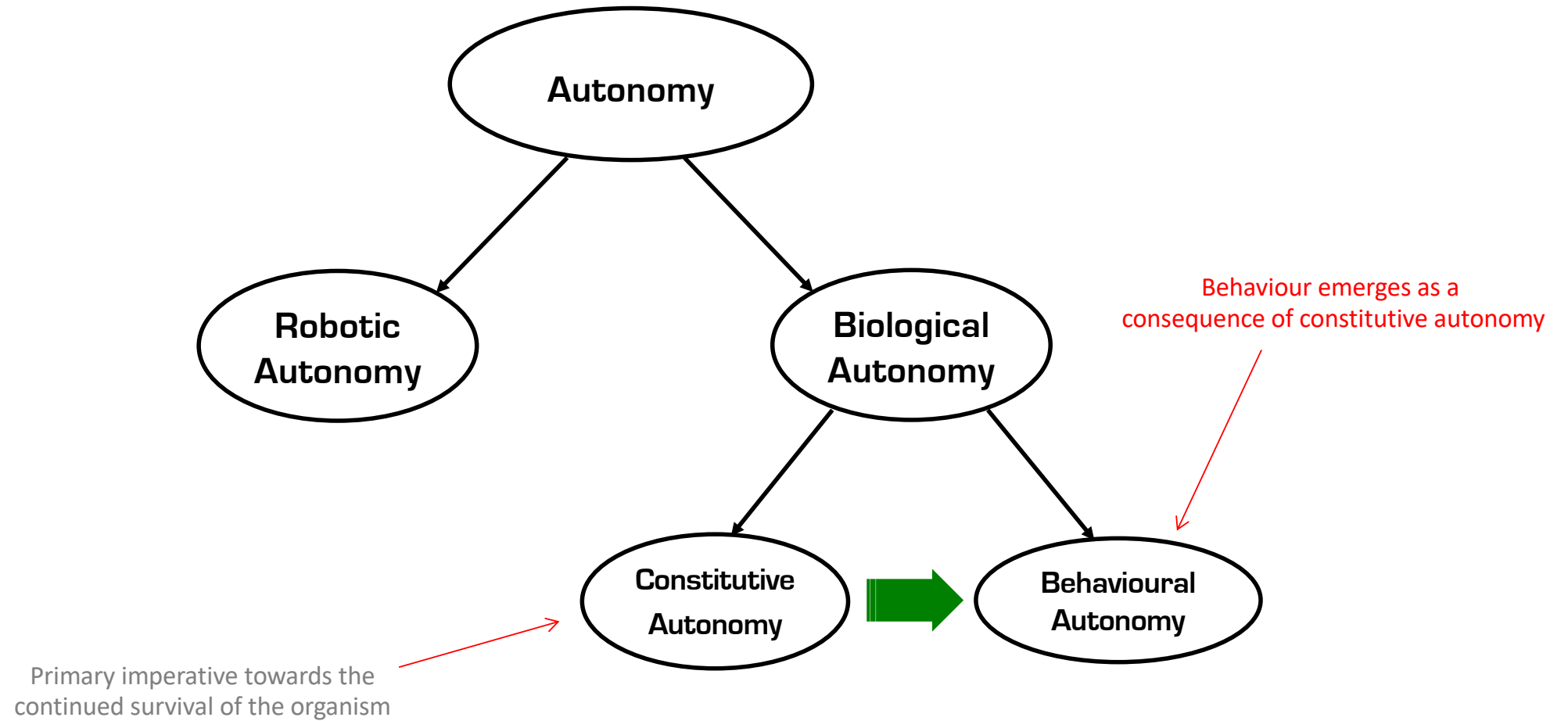
Emotional states arise from top-down predictive inference of the causes of interceptive sensory signals



Interoceptive prediction errors can be minimized by:

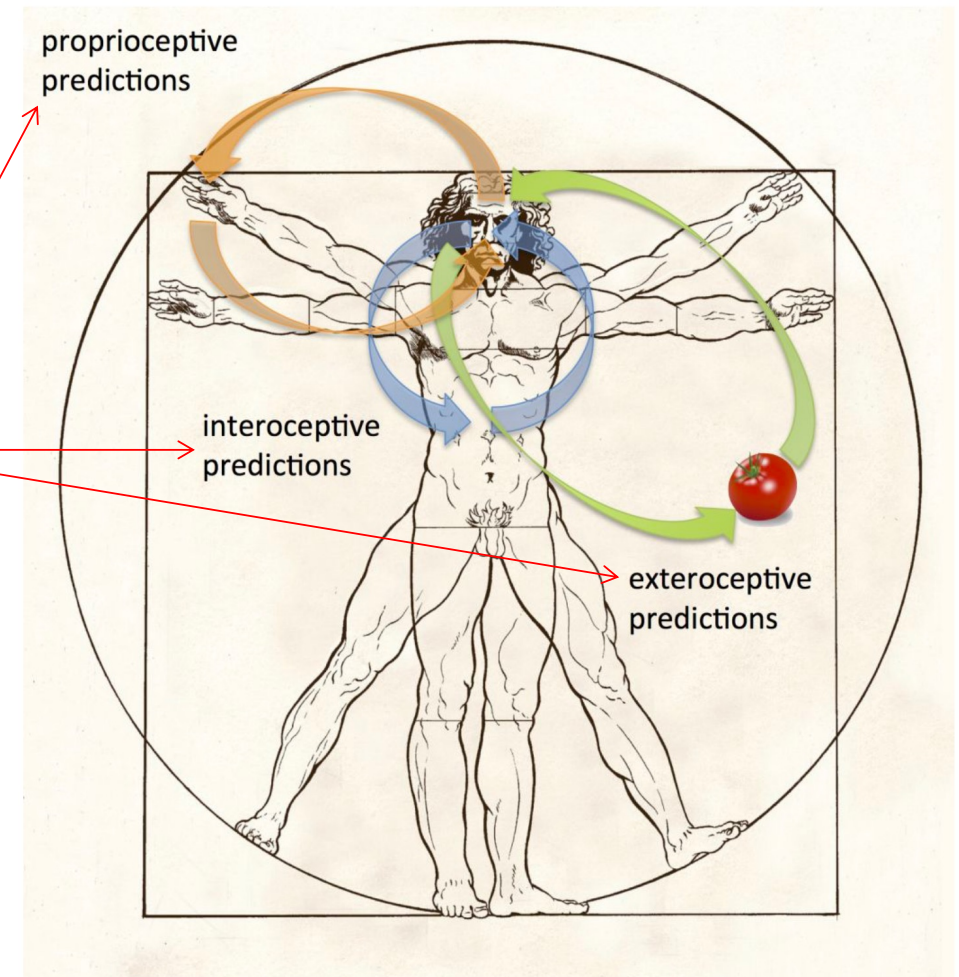
1. Updating predictive models: **interoceptive predictive processing** (perception, corresponding to new emotional contents),
2. Changing the interoceptive signals through autonomic reflexes: **interoceptive active inference** (autonomic control or), or
3. Performing behaviour so as to alter external conditions that impact on internal homeostasis (allostasis)

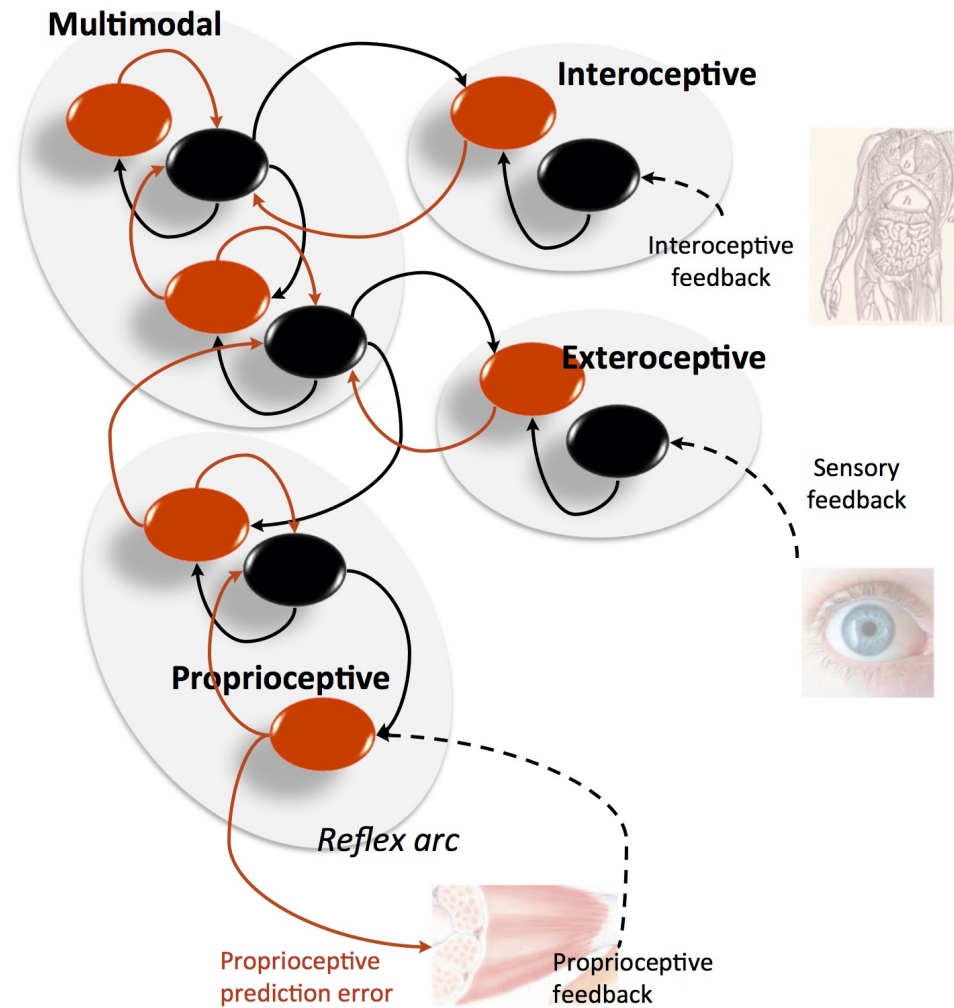




"Hierarchically higher levels will deploy multimodal and even amodal predictive models spanning these domains which are capable of generating multimodal predictions of afferent signals"

"Interoceptive inference integrates cognition and emotion within the powerful setting of PP"





G. Pezzulo and P. Cisek. Navigating the affordance landscape: feedback control as a process model of behaviour and cognition. Trends in Cognitive Sciences, 20(6):414–424, 2016.

Aside: Internal Interaction

- Interoception & Internal Robotics [Parisi 2004]
 - CNS
 - Endocrinal System
- Being “properly embodied” [Stapleton 2013]

D. Parisi. Internal Robotics. Connection Science, 16(4):325– 338, 2004.

M. Stapleton. Steps to a “Properly Embodied” cognitive science. Cognitive Systems Research, 22–23:1 – 11, 2013.

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Predictive Processing and Embodiment

"Just as **the brain** has no direct access to causal structures in the external environment, it also **lacks direction access to it's own body**"

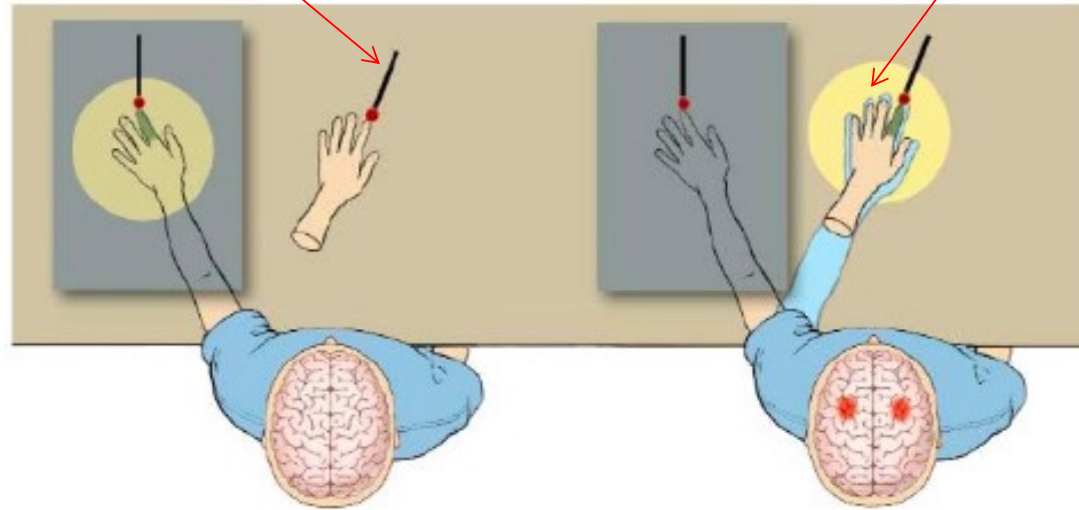
Predictive Processing and Embodiment

"The experienced body (and self) depends on **the brain's best guess of the causes of those sensory signals** most likely to be "me" ←... across interoceptive, proprioceptive, and exteroceptive domains"

The experience of body ownership
is highly plastic

If the (hidden) real hand and the (attended) rubber hand are both stroked synchronously

The rubber hand becomes part of the subject's body schema

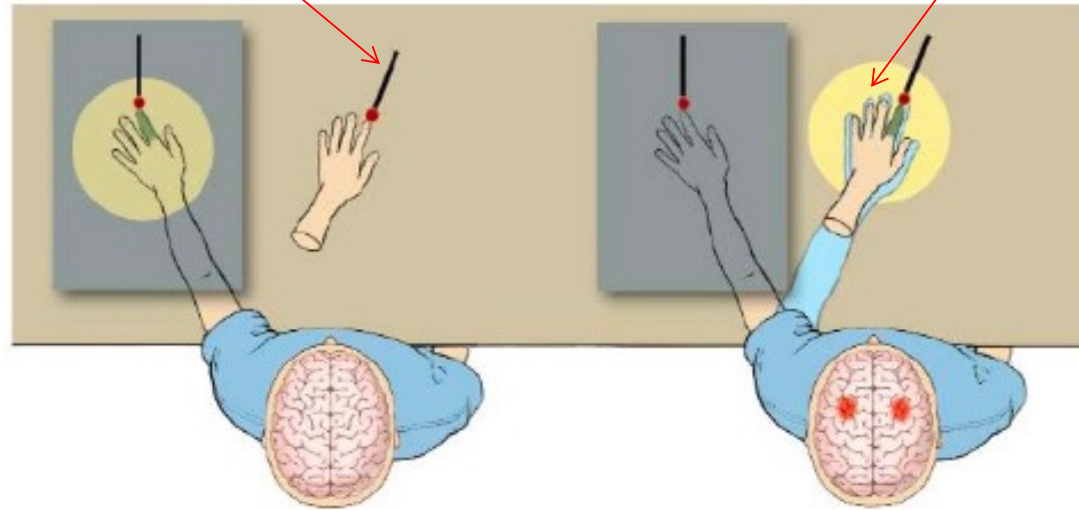


<http://embodiedknowledge.blogspot.com/2010/04/rubber-hand-illusion.html>

Multisensory integration model: change in experience of body ownership is due to correlation between vision and touch overriding conflicting proprioception

If the (hidden) real hand and the (attended) rubber hand are both stroked synchronously

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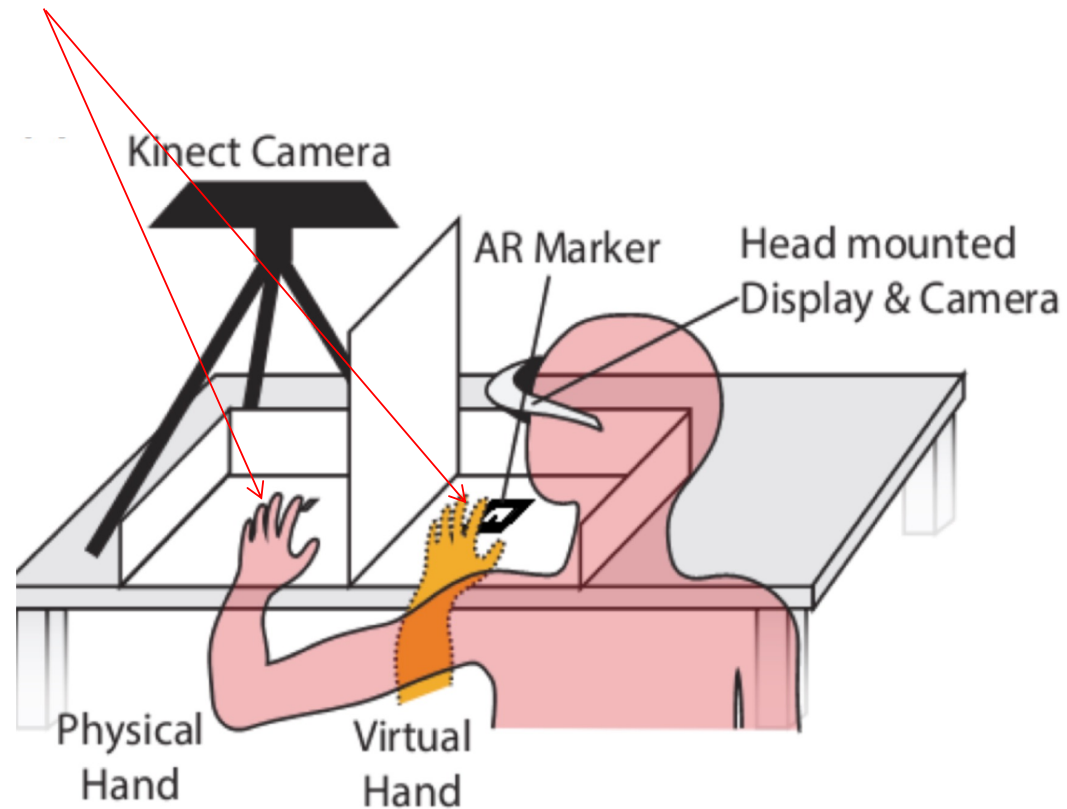


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PP perspective: prediction errors induced by multisensory conflicts will over time **update self-related priors**, with different sensory modalities **precision-weighted** according to their expected reliability, and strong prior expectations for correlated input

Active inference and Embodiment

Moving a finger strengthens the illusion when a virtual rubber hand mimics the movement: the predicted visual signals are confirmed



Active Inference and Embodiment

Active inference:

- Confirming sensory predictions
- Seeking "disruptive" actions that test current predictions

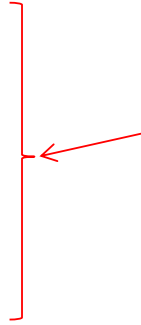
and/or

Disambiguating competing predictions

The usual view



New view:
counterfactually-equipped
predictive models

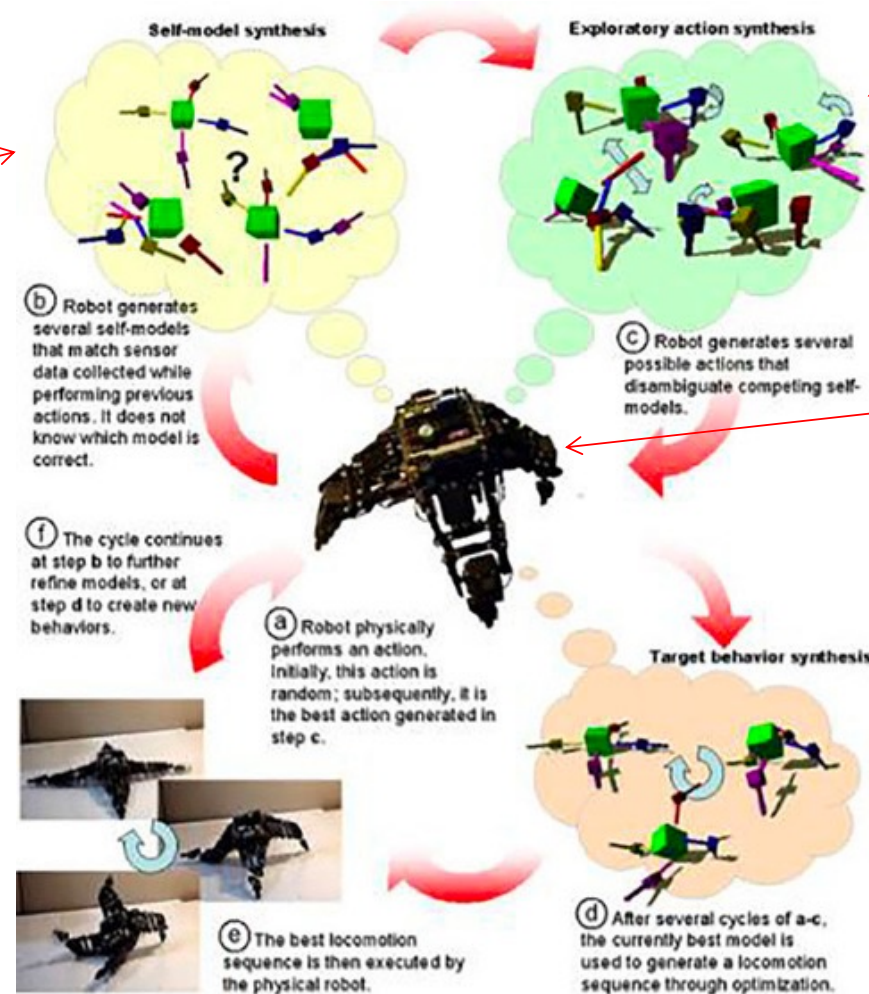


Self-Modelling in Evolutionary Robotics

Prior potential self-models

Perform random actions

Evaluate self-model based on ability to predict resulting proprioceptive afference signals



Key step: **disambiguate**

Evaluate **new candidate actions** based on the degree to which the current best self-models make different predictions to their (proprioceptive) consequences

Develop a controller to generate forward movement

Unknown morphology

Use the current best model



Cornell University

Robust Machines Through Continuous Self-Modeling

Josh Bongard, Victor Zykov, Hod Lipson

Computational Synthesis Laboratory
Sibley School of Mechanical and Aerospace Engineering
Cornell University



<https://www.youtube.com/watch?v=x579QKA6fkY&feature=youtu.be>

http://creativemachines.cornell.edu/emergent_self_models

Self-Modelling in Evolutionary Robotics

Operational criterion for a successful self-model:

- Not its fidelity to the physical robot
- Ability to **predict sensory inputs** under a **repertoire of actions**

Self-Modelling in Evolutionary Robotics

Agents encode predictions about likely sensory consequences of a
range of potential actions

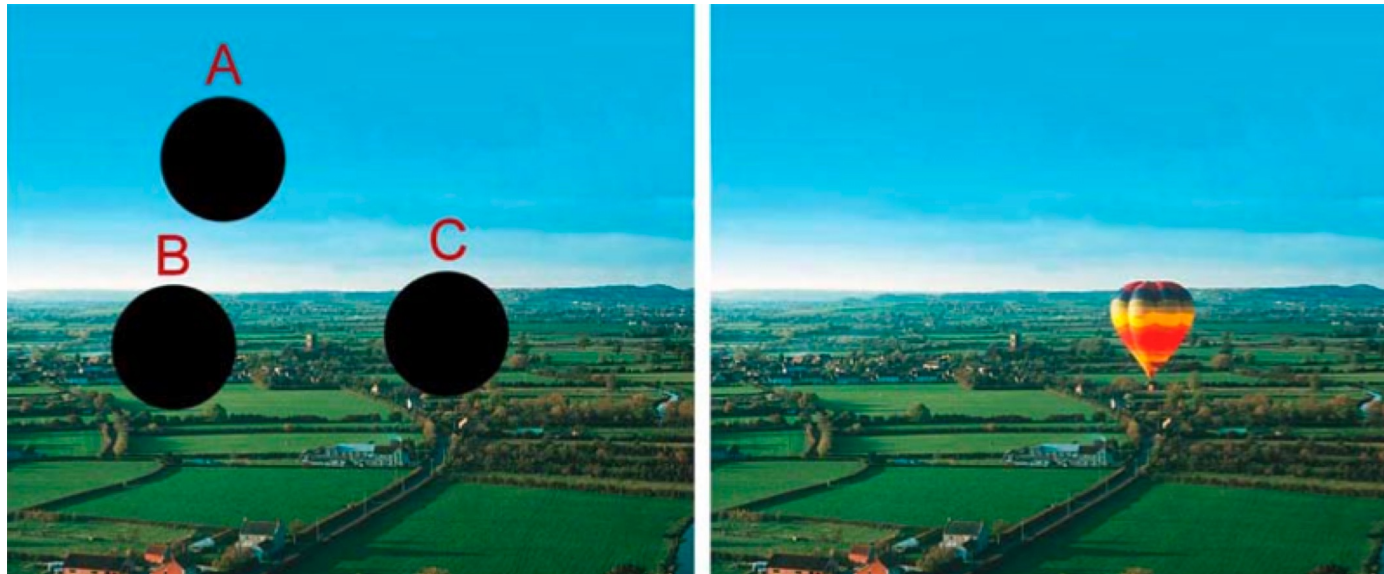
Use actions that are likely to be most informative in disambiguating

⇒ **counterfactually-equipped predictive model**

Self-Modelling in Evolutionary Robotics

cf. attention based on maximization of Bayesian surprise (Itti & Baldi 2009)

Also, attention based on maximization of information-theory surprisal or self-information (Bruce and Tsotsos 2009)



A single principle
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Internal models



<https://fashion-history.lovetoknow.com/fabrics-fibers/weave-types>

- Bayesian brain: predictive processing (PP) and active inference
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Enactive Theories, Weak and Strong

"Within cognitive science, ... **anti-representationalism** is most vociferously defended by the movement variously known as "**enactive**", "**embodied**", or "**extended**" cognitive science"



Enactive Theories, Weak and Strong

Embodiment \Leftrightarrow Enaction

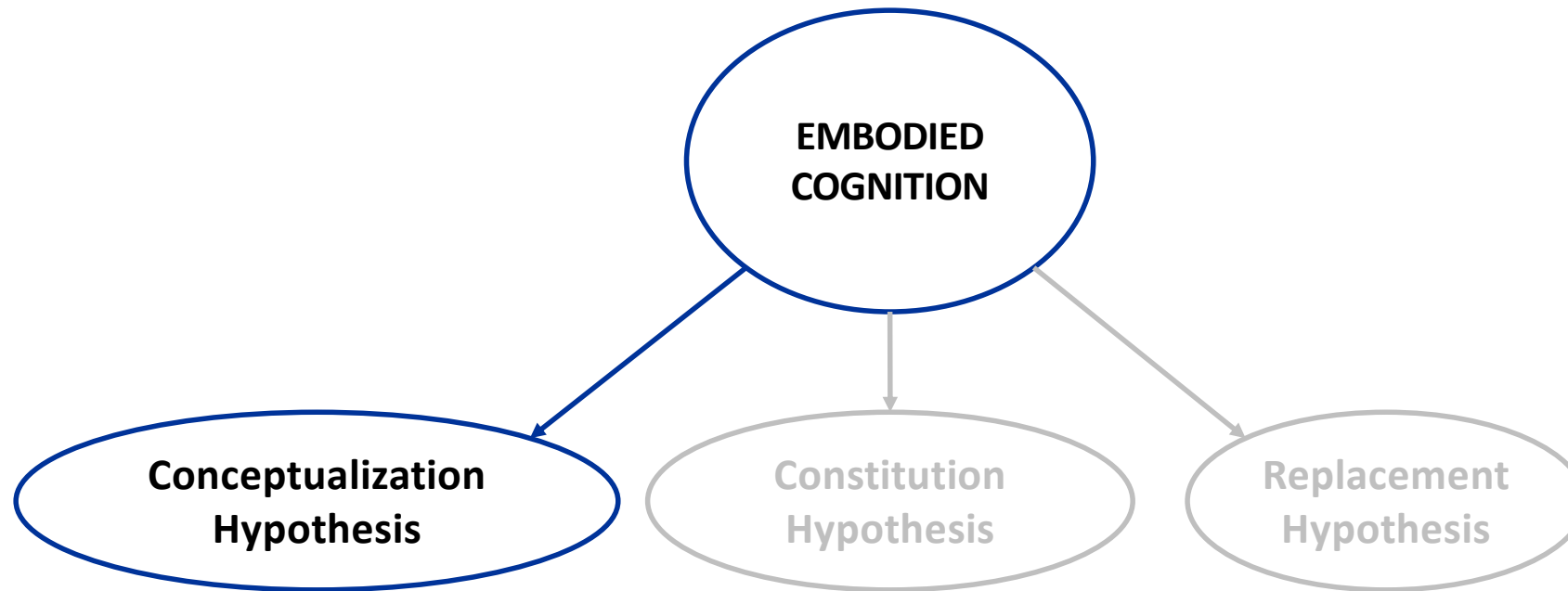
Having a body \nRightarrow Embodied

Embodied \nRightarrow Enactive

Extended cognition \nRightarrow Enactive

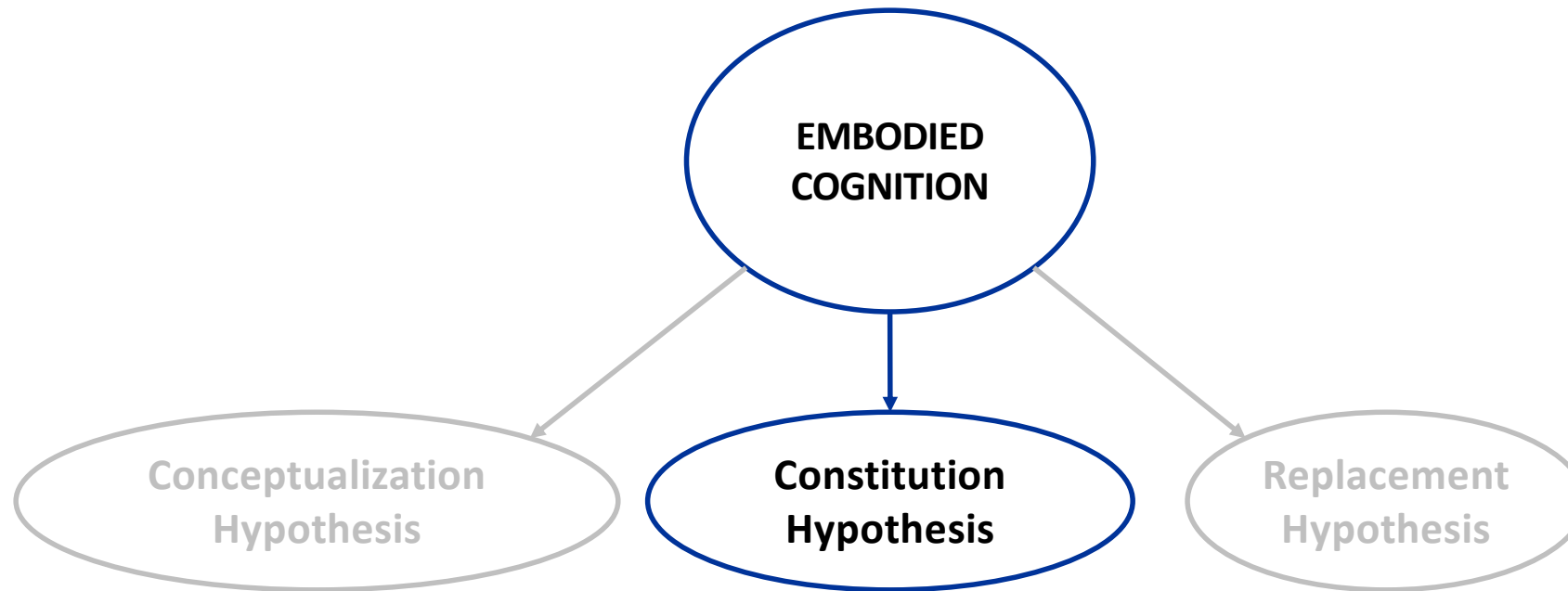
Enactive \Rightarrow Embodied

| Cognition | Necessary Constituents | Typical Characteristics |
|------------------|-------------------------------|--|
| Embodied | Depends on interpretation | Body and brain are both constitutive elements of the cognitive process |
| Situated | Brain | Real-time interaction with the environment |
| Embedded | Brain, body | Exploit the environment and other agents to assist with cognitive activities |
| Grounded | Brain and body | Experiential modal representations and internal simulation |
| Extended | Brain, body, environment | Environment is part of the cognitive system |
| Distributed | Brain, body, environment | Cognitive systems include environmental systems |

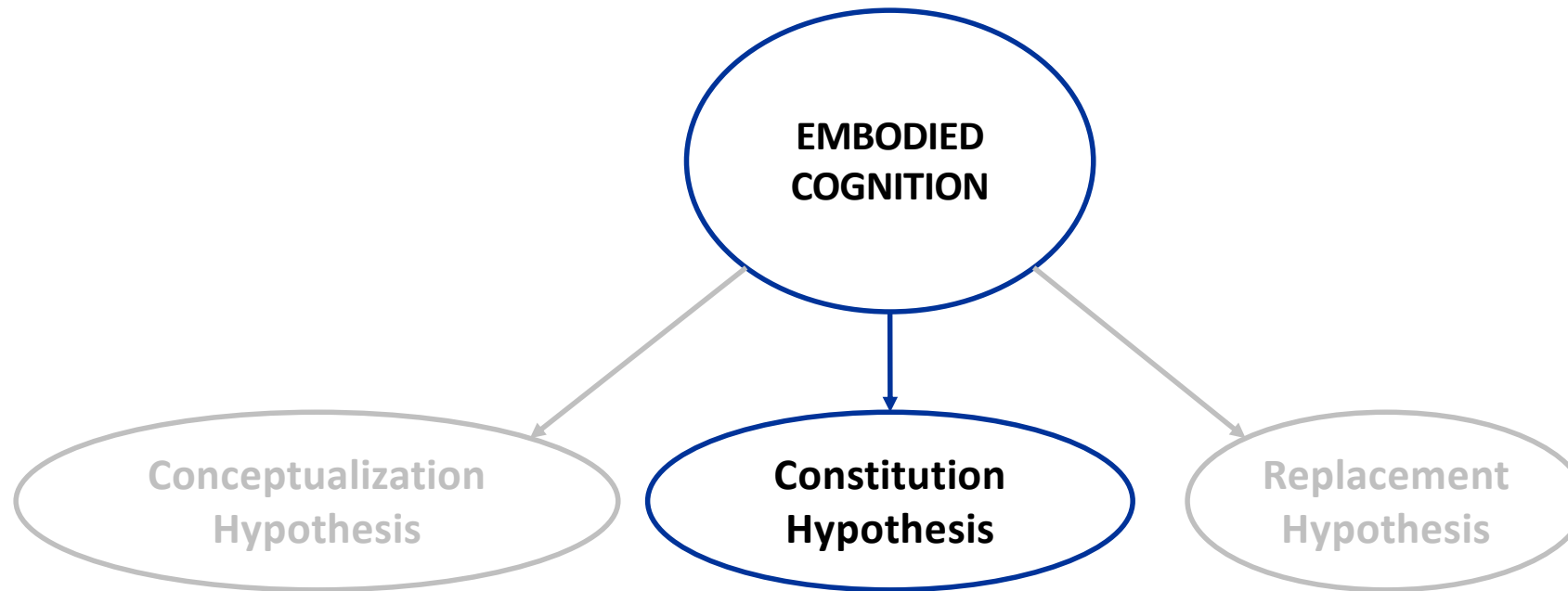


The body conditions / constrains cognition

L. Shapiro. *Embodied Cognition*. Routledge, 2011.

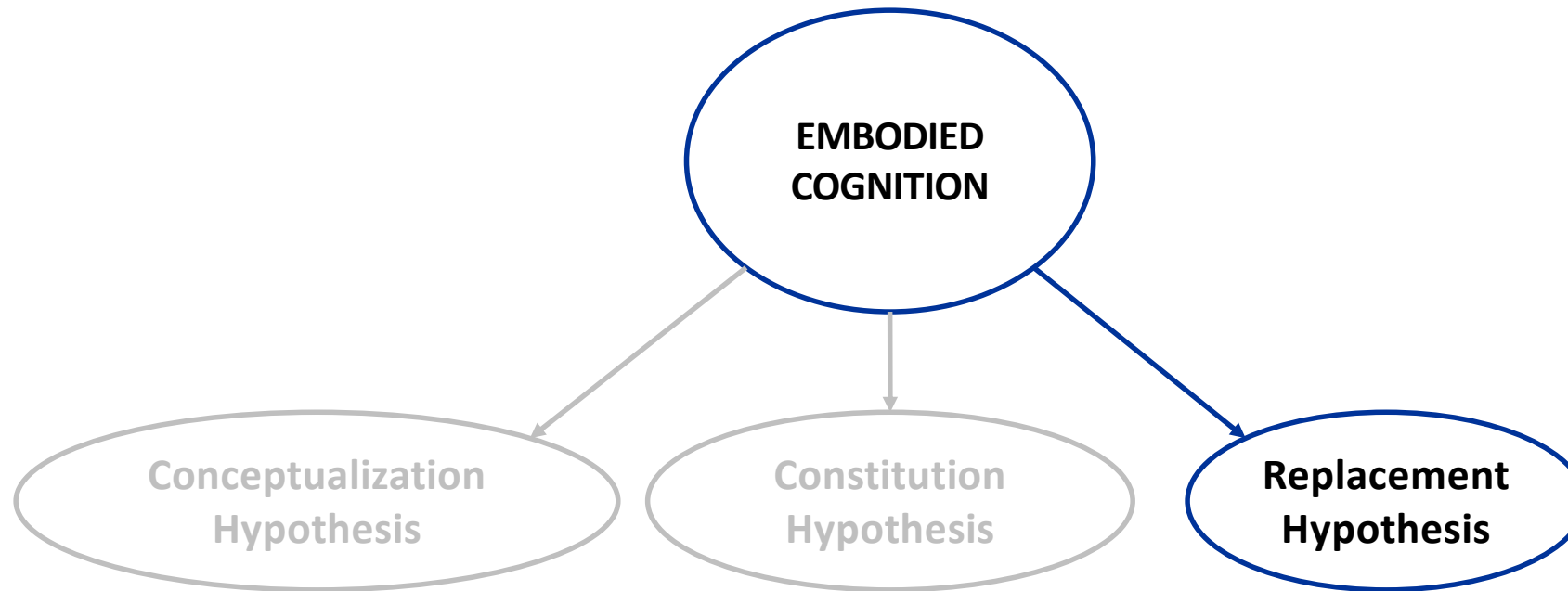


The body is itself an integral part of the process of cognition
The way the body is shaped and moves augments brain-centred neural processing



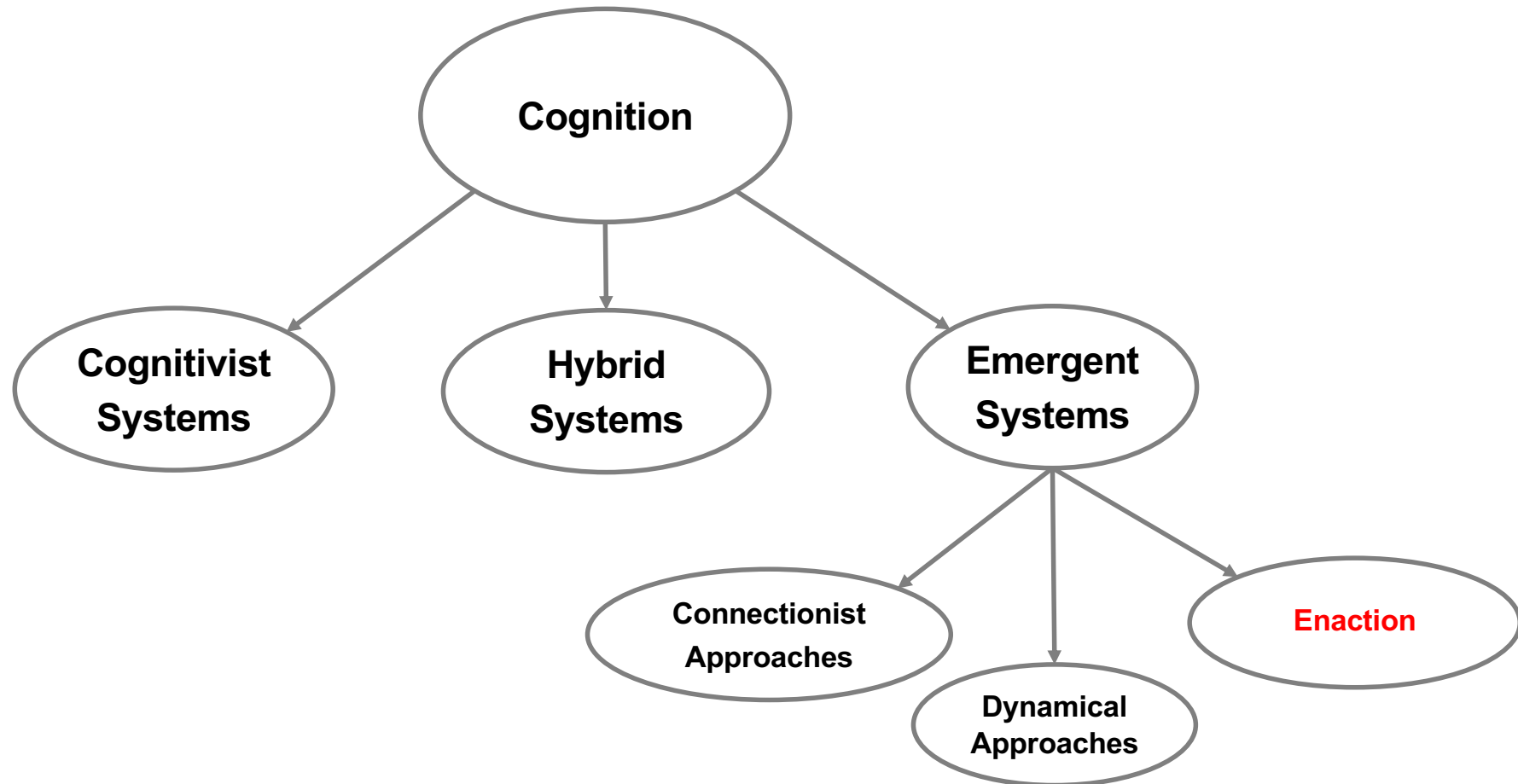
Cognition is distributed between the neural and the non-neural
The body simplifies what the brain has to do or takes over responsibility for it completely

L. Shapiro. Embodied Cognition. Routledge, 2011.



An agent's body in real-time interaction with its environment **replaces** the need for representational processes

L. Shapiro. Embodied Cognition. Routledge, 2011.



Enaction

Orthodoxy (cognitivist)

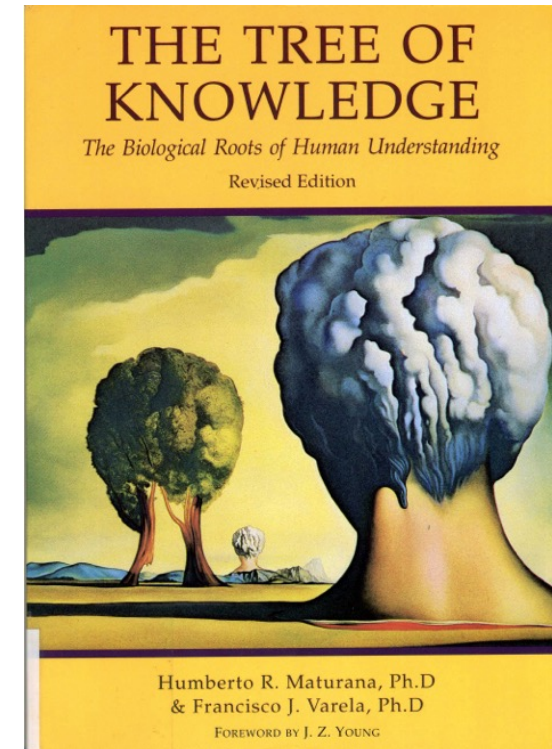
World as the system experiences it is independent
of the cognitive system (knower)

Enactive view

Known and knower "stand in relation to each other
as mutual specification: they arise together"



Closely linked to phenomenology



Enaction

Five key elements to enactive systems

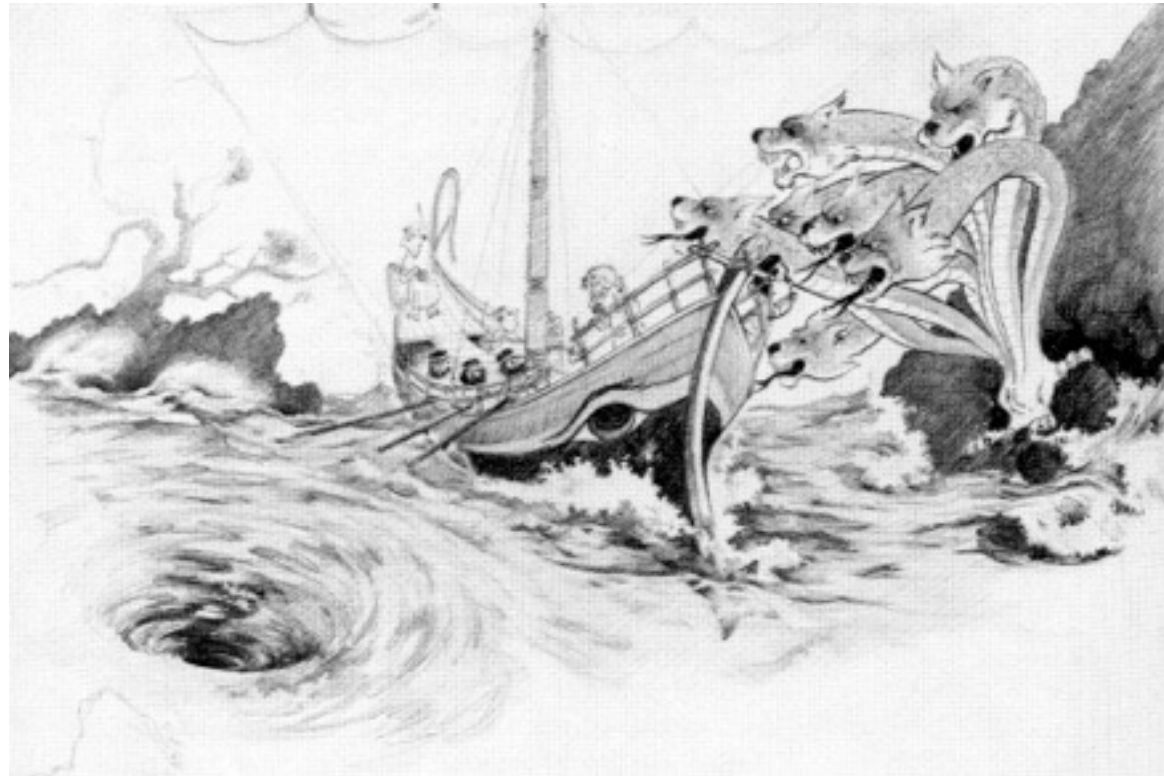
- Autonomy
- Embodiment
- Emergence
- Experience
- Sense-making

Enaction

Sense-making

- Knowledge is generated by the system itself
- Captures some regularity or lawfulness in the interactions
- The 'sense' is dependent on the way interaction can take place
 - Perception & Action
- Modify its own state [CNS] to enhance
 - Predictive capacity
 - Action capabilities

Enaction



The epistemological Odyssey: sailing between the Scylla monster of representationalism and the Charybdis whirlpool of solipsism.
From Maturana and Varela, *Tree of Knowledge*, p. 134

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Sensorimotor contingency (SMC) theory & PPSMC

"SMC theory claims that **experience and perception** are **not things** that are "generated" by the brain ... but are, rather, "skills" consisting of **fluid patterns of on-going interaction** with the environment"


Close coupling of perception and action

Interaction **structures** perception, action, and behaviour

Structural-coupling, in the language of enaction

Sensorimotor contingency (SMC) theory & PPSMC

"SMC theory claims that **experience and perception** are **not things** that are "generated" by the brain ... but are, rather, "skills" consisting of **fluid patterns of on-going interaction** with the environment"




Mastery of an SMC requires and essentially **counterfactual** knowledge of relations between particular **actions and the resulting sensations**

SMCs ... relate potential actions to their likely effects

Sensorimotor contingency (SMC) theory & PPSMC

1. "Hierarchical active inference implies the existence of predictive models encoding information very much like that required by SMC"
2. Counterfactually-rich predictive models

Key idea: encoding of how sensory inputs change based on a repertoire of possible actions, even if those actions are not performed



Sensorimotor contingency (SMC) theory & PPSMC

1. "Hierarchical active inference implies the existence of predictive models encoding information very much like that required by SMC"
2. Counterfactually-rich predictive models

Finesses the problem of representation:
by asserting only a **collection** (repertoire) of **internal models**
that encapsulate **associations** between sensory data and
predicted proprioceptive and exteroceptive consequences



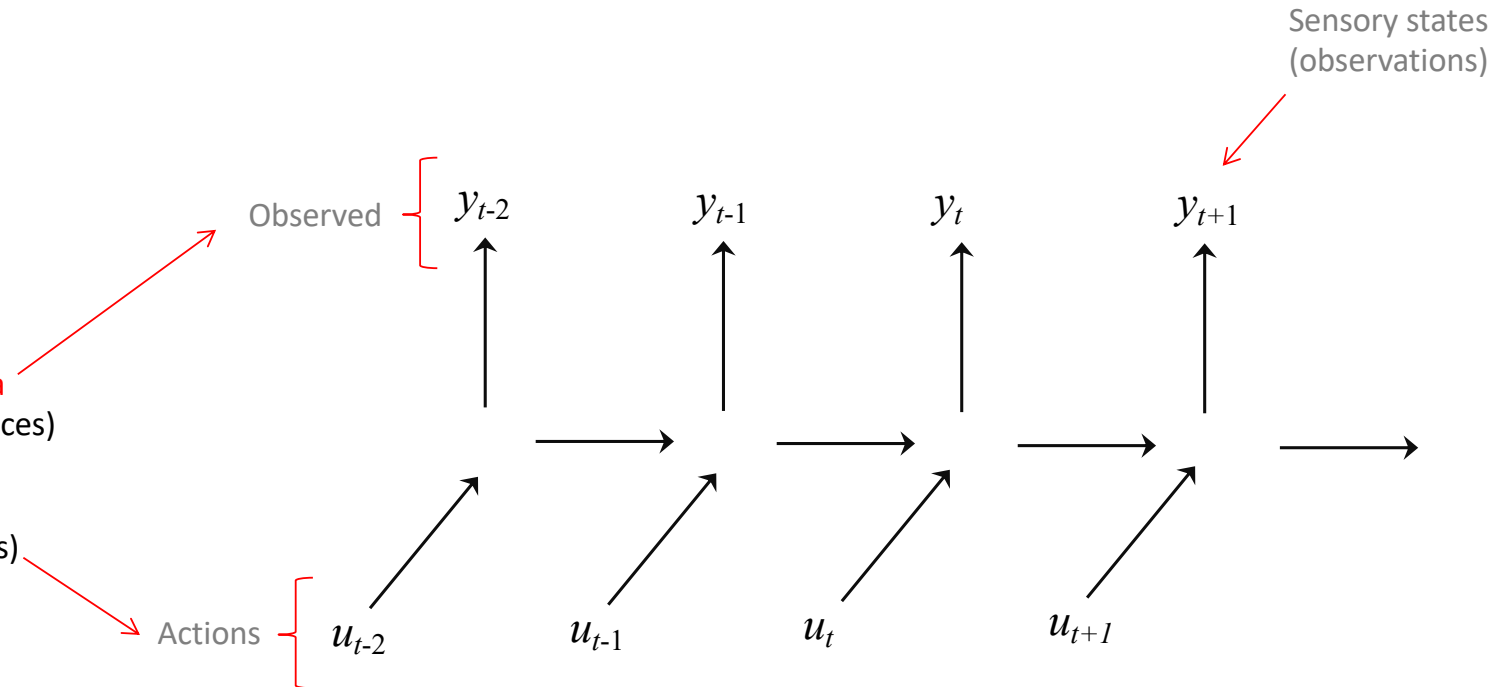
Key idea: encoding of how sensory inputs change based on a
repertoire of possible actions, even if those actions are not performed

Finesses the problem of representation:

By asserting only a collection of **internal models**:

Associations between **predictions of sensory data**
(i.e. proprioceptive and exteroceptive consequences)

and **possible actions**
(i.e. resolution of proprioceptive prediction errors)



Sensorimotor contingency (SMC) theory & PPSMC

"We experience normal perception as world-revealing precisely because the **predictive models** underlying perceptual content specify a rich **repertoire of counterfactually explicit probability densities** encoding the mastery of SMSs"

A. Seth, "The Cybernetic Bayesian Brain: From Interoceptive Inference to Sensorimotor Contingencies", in T. Metzinger & J. M. Windt (Eds). Open MIND: 35(T). Frankfurt am Main: MIND Group, 1–24, 2015.

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Counterfactual PP and Active Inference

Several forms of active inference, tied to:

1. Proprioception
2. Exteroception
3. Interoception

Counterfactual PP and Active Inference

Active inference tied to

1. Proprioception

- Actions emerge from the minimization of proprioceptive prediction errors
- By engaging classical reflex arcs
- Requires generative models that predict time-varying flows of proprioceptive input

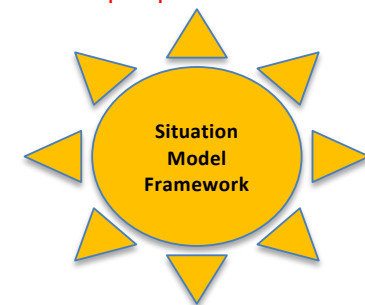
Counterfactual PP and Active Inference

Active inference tied to

2. Exteroception

- Actions are engaged to generate new sensory samples
- To minimize the perceptual prediction errors
- Actions can be selected in three ways:
 1. To confirm current perceptual hypotheses
 2. To disconfirm current perceptual hypotheses
 3. To disambiguate between competing hypotheses

Necessitates counterfactual PP
with multiple predictive models



Counterfactual PP and Active Inference

Active inference tied to

3. Interoception

- Works for autonomic and allostatic regulation
- But what of counterfactual predictive processing?

1. To confirm current interoceptive hypotheses
2. To disconfirm current interoceptive hypotheses
3. To disambiguate between competing hypotheses

Linking fictive interoceptive signals and likely causes to autonomic or allostatic regulation

"We do not want to drive our essential variables continually close to viability limits"

Maybe we do, e.g., during training?

Expanded view of the Free Energy Principle

The long-run survival of a system

not just by minimizing prediction errors

but by inducing the **most predictive model** of the causes of sensory signals, requiring
counterfactually-rich predictive processing and
disruptive and/or disambiguating active inference
"in order to always put the current-best model to the test"

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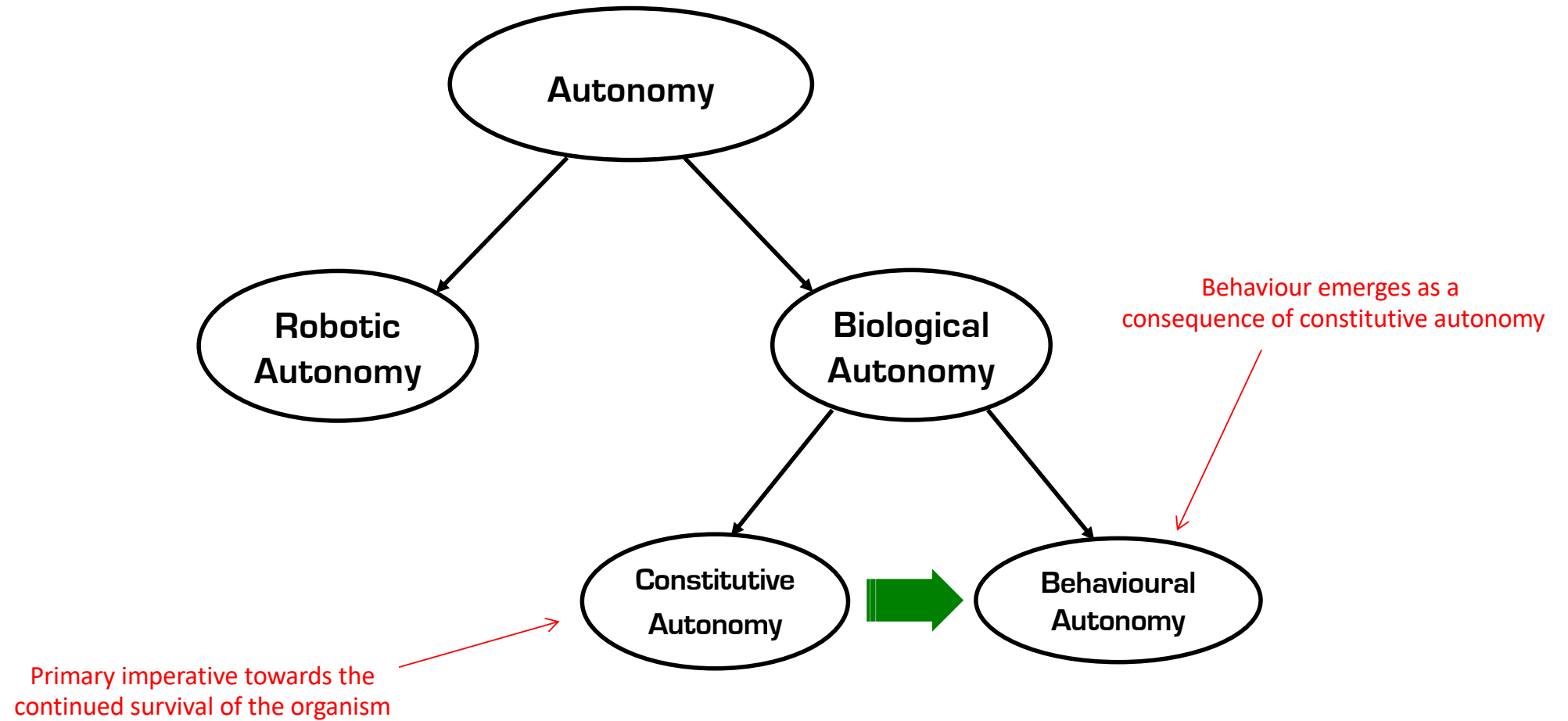
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"A distinctive integration of
predictive processing, cybernetics, and enactivism"

A **shift** from the perspective of perceptual inference as furnishing **representations of the external world** for the consumption of general-purpose cognitive mechanisms, towards **model-based predictive control** as a primary **survival imperative** from which perception, action, and cognition ensue"



https://unsplash.com/photos/-TQUERQGUZ8?utm_source=unsplash&utm_medium=referral&utm_content=creditCopyText



Caveat

"Even an exhaustive treatment would reveal
that this literature so far provides only
circumstantial support for the basics of PP,
let alone the extensions described here"

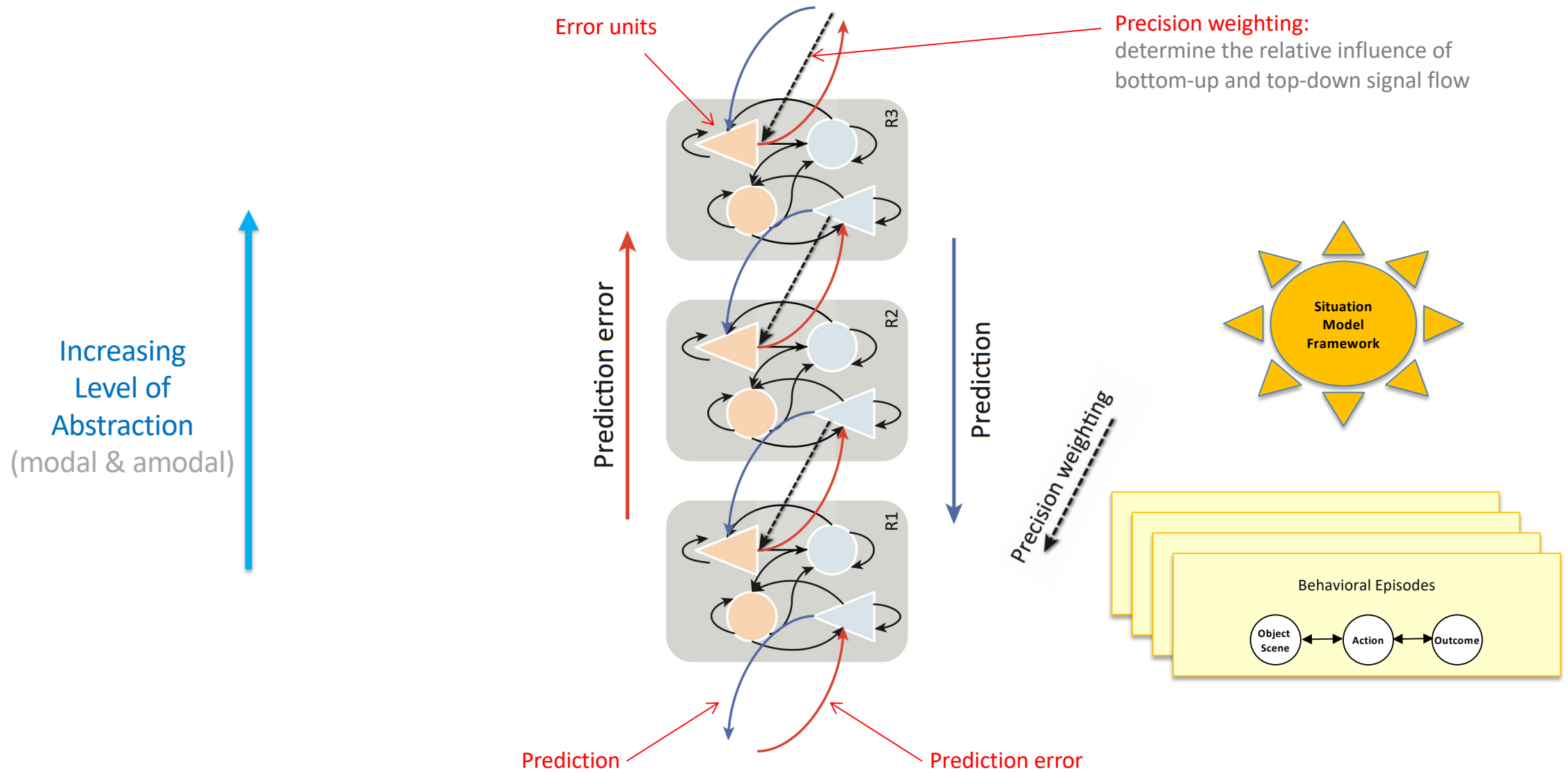
Box 2. Active Inference as a Modern Version of Cybernetic Theory

Active inference is essentially a (Bayesian) predictive coding architecture extended with **reflexes** [14,37,78]. Predictive coding was first proposed as a model of visual perception, in which the hierarchical layers are coupled through top-down and bottom-up signals, encoding predictions and prediction errors, respectively, and weighted by their precision (inverse variance). Top-down and bottom-up dynamics serve to suppress prediction errors (or free energy [75]); sensory mismatches at the lowest layer propagate upward and help revise (higher) perceptual hypotheses. In contrast to predictive coding, active inference can also minimize prediction error by acting: by engaging reflexes that suppress residual (proprioceptive) errors. For example, if one expects to see a berry but does not see it, not only can he revise the perceptual hypothesis ('there is no berry') but he can also put the berry in front of him or search for the berry by moving the eyes, until there is no more prediction error.

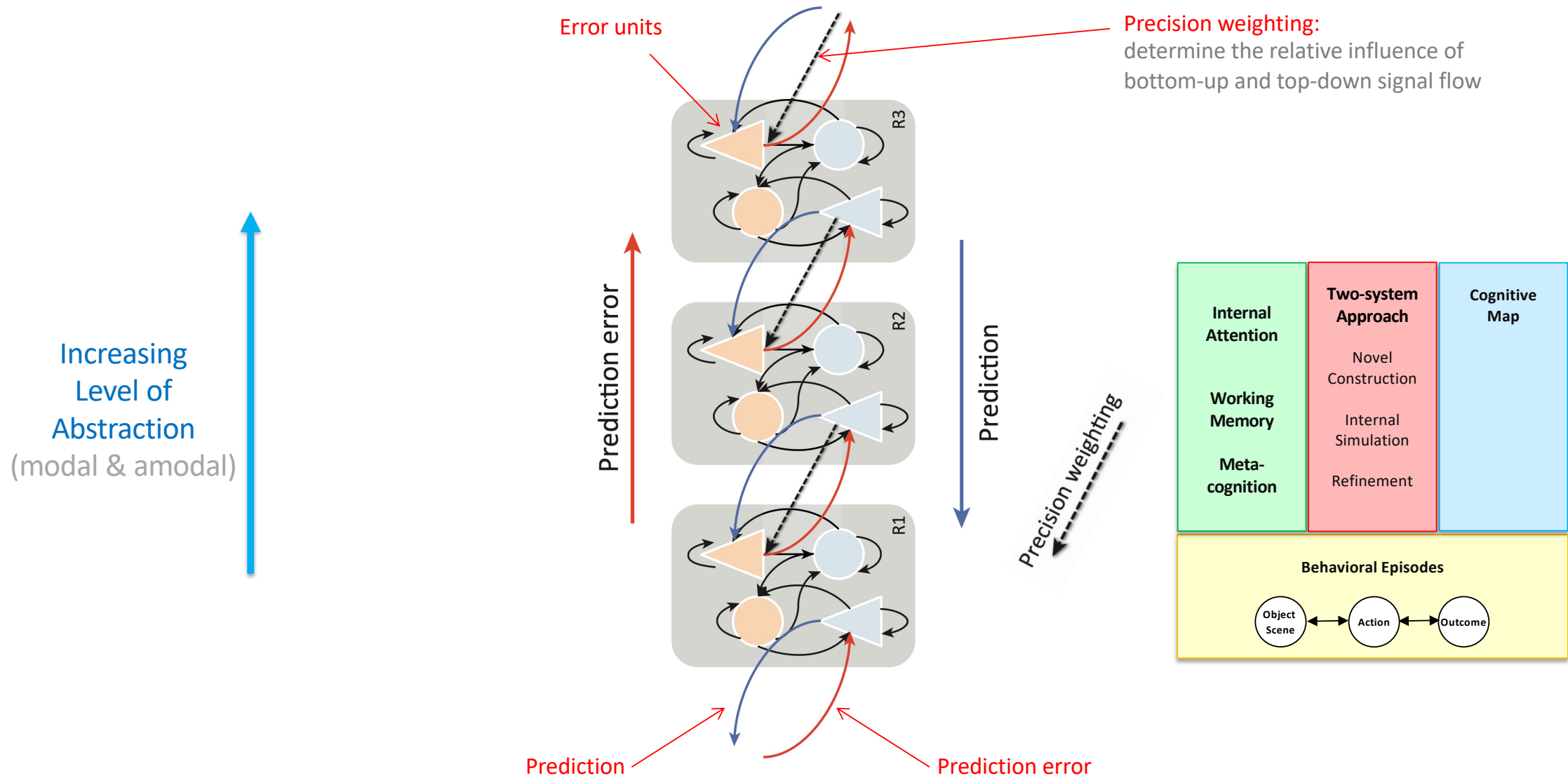
Active inference implements planning in a way that resembles the idea that distal affordances (e.g., apple reachability) can influence the competition between proximal actions (picking the berry versus walking) [14]. It uses a hierarchical generative (forward) model to predict action consequences, and the ensuing 'value' of possible action sequences (plans) by considering – iteratively – whether the distal states they make accessible approximate the goal states (encoded as prior preferences). These plan values enable the selection of immediate actions: the greater the plan's value, the more likely it is to specify the next action.

As these examples illustrate, active inference can be considered a biologically grounded synthesis of cybernetic ideas (on homeostasis and control) and the Bayesian brain hypothesis. This might seem odd – because cybernetic theory often dispenses with an 'inner model', while according to the Bayesian brain hypothesis, the brain is a statistical machine that learns world models. However, in active inference the necessity of models stems from control principles (e.g., the 'good regulator theorem' that the best regulator requires a model [79]). Furthermore, there is an essential contribution of the body and environment in structuring the content of generative models, because it needs to embody the structure of sensorimotor interactions. Although the representational aspects of active inference seem odd to 'radical' embodied theories, it is possible that within this scheme one can understand how representational abilities emerge that are relevant for interactive behavior [49,80].

G. Pezzulo and P. Cisek. Navigating the affordance landscape: feedback control as a process model of behaviour and cognition. *Trends in Cognitive Sciences*, 20(6):414–424, 2016.



A. K. Seth. Interoceptive inference, emotion, and the embodied self. Trends in Cognitive Sciences, 17(11):565–573, November 2013.



A. K. Seth. Interoceptive inference, emotion, and the embodied self. Trends in Cognitive Sciences, 17(11):565–573, November 2013.

Caveat

"Many open questions remain.

A key challenge is to detail the underlying neural operations"

Other Questions ...

- What process selects between counterfactuals?
- What process governs the diversity of the repertoire of counterfactuals?
- What process selects between predictive processing and active inference?
- What process selects between different forms of active inference?
- How is the hierarchy structured and organized?
- What process drives allostasis?
- How is goal-directed behaviour to be addressed?
- What are the drives and motivations?

Jour Fixe

28 July 2020

The Cybernetic Bayesian Brain: From Interoceptive Inference to Sensorimotor Contingencies

A. Seth,

in T. Metzinger & J. M. Windt (Eds). Open MIND: 35(T). Frankfurt am Main: MIND Group, 1–24, 2015.
doi: 10.15502/9783958570108

Cognitive Behavior of Humans, Animals, and Machines: Situation Model Perspectives

ZiF Zentrum für interdisziplinäre Forschung
Center for Interdisciplinary Research